

Michael Garron Hospital: Supporting Seniors Now and Through Our Campus Redevelopment

As Canada's population continues to age, specialized care that supports seniors to live independent, high-quality lives will only grow more vital.

This is especially true for the East Toronto community that Michael Garron Hospital (MGH) serves, which has a higher prevalence of low-income seniors and seniors living alone than the Toronto average. These factors increase their risk of mental illness, broken bones due to falls, hospitalization and other health challenges.

We are there for all seniors in East Toronto. As a general community hospital, MGH offers a wide range of services close to home. We treat joint pain, heart disease, cancer and diabetes, to name just a few conditions. And throughout the COVID-19 pandemic we have stood on guard for older adults, lending our expertise and administering vaccines to protect seniors in long-term care homes and in our community.

Here are some of the ways that MGH - the Heart of the East - is helping seniors:

Rapid Knee/Hip Assessments

Through our Rapid Access Clinic, an advanced practice physiotherapist performs in-depth assessments for people experiencing joint issues, expediting access to joint replacement surgery and non-surgical treatments.

Tailored Emergency Care

Specialized nurses within our Stavro Emergency Department (ED) help seniors - particularly those with complex health conditions - to maintain their functional abilities while in our ED. They also link patients with health and social services to maximize their well-being.

Geriatric Medicine Clinic

Staffed by experts in aging-related conditions, this clinic cares for non-hospitalized seniors. The clinic team assesses various issues, including cognitive impairment, dementia-related behavioural difficulties, the use of multiple medications, and more.

Acute Care for the Elderly Unit

This 10-bed unit cares for patients with chronic conditions who may be experiencing a decline in their function and may be facing complex social issues. The unit's geriatrician and fellow team members stress mobility and function to help patients maintain their independence and ability to return home. They support older patients throughout MGH by working with their physicians to develop customized care plans.



“My care at Michael Garron Hospital has been exceptional. It has been so much more personal than I ever imagined it would be.”

- Carol, 64, who underwent hip replacement surgery at MGH



Visit mghf.ca/transform for a virtual tour of our redeveloped campus

Redeveloping MGH for the 21st Century

In 2018, we began transforming Michael Garron Hospital's nearly 100-year-old campus. Construction of our eight-storey Ken and Marilyn Thomson Patient Care Centre is proceeding steadily, with the centre to open next winter. This will be followed in 2023 by the demolition of four outdated hospital wings (A, B, C and F wings), creation of a beautifully landscaped outdoor community hub and a welcoming main entrance, as well as renovations to key existing facilities.

Once our transformation is complete in late 2023, our state-of-the-art facilities will enable us to meet the evolving needs of our diverse and aging community for decades to come. **Our redevelopment will aid seniors by:**

Providing a better overall experience.

Four levels of underground parking, improved pedestrian access and a long

driveway will make accessing MGH much easier. Our spacious lobby and adjacent food court will provide older patients and their loved ones with plenty of space to recharge.

Prioritizing accessible design. Our new facilities have many senior-friendly design elements, including non-slip floors, clear wayfinding signage and high-contrast finishes that help the visually impaired.

Maximizing convenience. Seniors coming to MGH for outpatient appointments or day procedures won't have far to travel, as these vital spaces will be located close to our new main entrance.

Enhancing comfort. Older adults comprise one-third of our hospitalized patients. Our Thomson Patient Care Centre will bring them greater comfort and privacy, as 80 per cent of the centre's rooms will be single occupancy.

At Michael Garron Hospital, we depend on our community's generosity to help us deliver first-rate care close to home. With your support, we can build a bigger, better Heart of the East that transforms care for seniors in East Toronto.

For more information, please contact:

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