

Michael Garron Hospital: Supporting Seniors Now and Through Our Campus Redevelopment

As Canada's population continues to age, specialized care that supports older adults as they live independent, high-quality lives is growing increasingly vital.

This is especially true for East Toronto, which has a higher prevalence of low-income seniors and seniors living alone than the Toronto average. These factors increase their risk of mental illness, broken bones due to falls, hospitalization and other health challenges.

Michael Garron Hospital (MGH) is here for all seniors in East Toronto. As a general community hospital, we offer a wide range of services close to home, treating joint pain, heart disease, cancer, diabetes, kidney disease and more. And throughout the pandemic we have addressed the unique needs of older adults, lending our expertise and administering vaccines to protect seniors living in long-term care homes and elsewhere in our community.

Here are some of the ways that MGH - the Heart of the East - is helping seniors:

Rapid Knee/Hip Assessments

Through our Rapid Access Clinic, an advanced practice physiotherapist performs in-depth assessments for people experiencing joint issues, expediting access to joint replacement surgery and non-surgical treatments.

Tailored Emergency Care

Specialized nurses within our Stavro Emergency Department (ED) help seniors - particularly those with complex health conditions - to maintain their functional abilities while in our ED. They also link patients with health and social services to maximize their well-being.

Geriatric Medicine Clinic

Staffed by experts in aging-related conditions, this clinic cares for non-hospitalized seniors. The clinic team assesses various issues, including cognitive impairment, dementia-related behavioural difficulties, the use of multiple medications, and more.

Acute Care for the Elderly Unit

This 10-bed unit cares for patients with chronic conditions who may be experiencing a decline in their function and may be facing complex social issues. The unit's geriatrician and fellow team members stress mobility and function to help patients maintain their independence and ability to return home. They support older patients throughout MGH by working with their physicians to develop customized care plans.



“My care at Michael Garron Hospital has been exceptional. It has been so much more personal than I ever imagined it would be.”

- Carol, 64, who underwent hip replacement surgery at MGH



Visit mghf.ca/transform for a virtual tour of our redeveloped campus

Redeveloping MGH for the 21st Century

In 2018, we began transforming Michael Garron Hospital's nearly 100-year-old campus. Construction of our eight-storey Ken and Marilyn Thomson Patient Care Centre is proceeding steadily, with plans to open next winter.

This will be followed by the demolition of four outdated hospital wings (A, B, C and F wings), creation of a beautifully landscaped outdoor community hub and a welcoming main entrance, as well as renovations to key facilities.

When the transformation is complete, our state-of-the-art facilities will enable us to meet the evolving needs of our diverse and aging community for decades to come.

Our redevelopment will aid seniors by:

Providing a better overall experience.

Four levels of underground parking, improved pedestrian pathways and a long

driveway will enhance access to MGH. Our spacious lobby and adjacent food court will provide older patients and their loved ones with plenty of space to recharge.

Prioritizing accessible design. Our new facilities have many senior-friendly design elements, including non-slip floors, clear wayfinding signage and high-contrast finishes to help the visually impaired.

Maximizing convenience. Seniors coming to MGH for outpatient appointments or day procedures won't have far to travel, as related spaces will be located close to our new main entrance.

Enhancing comfort. Older adults comprise one-third of our hospitalized patients. Our Thomson Centre will bring them greater comfort and privacy, as 80 per cent of its rooms will be single occupancy.

At Michael Garron Hospital, we depend on our community's generosity to help us deliver first-rate care close to home. With your support, we can build a bigger, better Heart of the East that transforms care for seniors in East Toronto.

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