



inspired by

COMMUNITY



2022/2023

Annual Report





Your support in action

Our achievements over the past year are only possible because of supporters like you, who prioritize the health and well-being of neighbours near and far.

With your help, \$11.4 million was raised this year to support Michael Garron Hospital. This vital funding went a long way to:



Elevate the patient experience with the opening of our Ken and Marilyn Thomson Patient Care Centre



Enhance the expert care and compassion for which we are known, with state-of-the-art equipment such as a new CT scanner, vital signs monitors and surgical microscopes



Advance research to develop real-world solutions that make healthcare safer and more effective for patients and staff alike



Further our team's skill and knowledge by providing tuition assistance for career-related courses



Support programs and services that are crucial to the people we serve

Our heartfelt gratitude to everyone who contributed to our successes over the last fiscal year:



6,039

individual donors, including 1,592 who made monthly gifts



1,134

event participants



258

corporate partners and community groups



11

gifts from estates

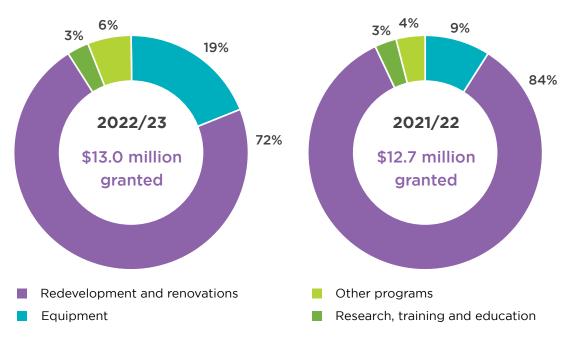


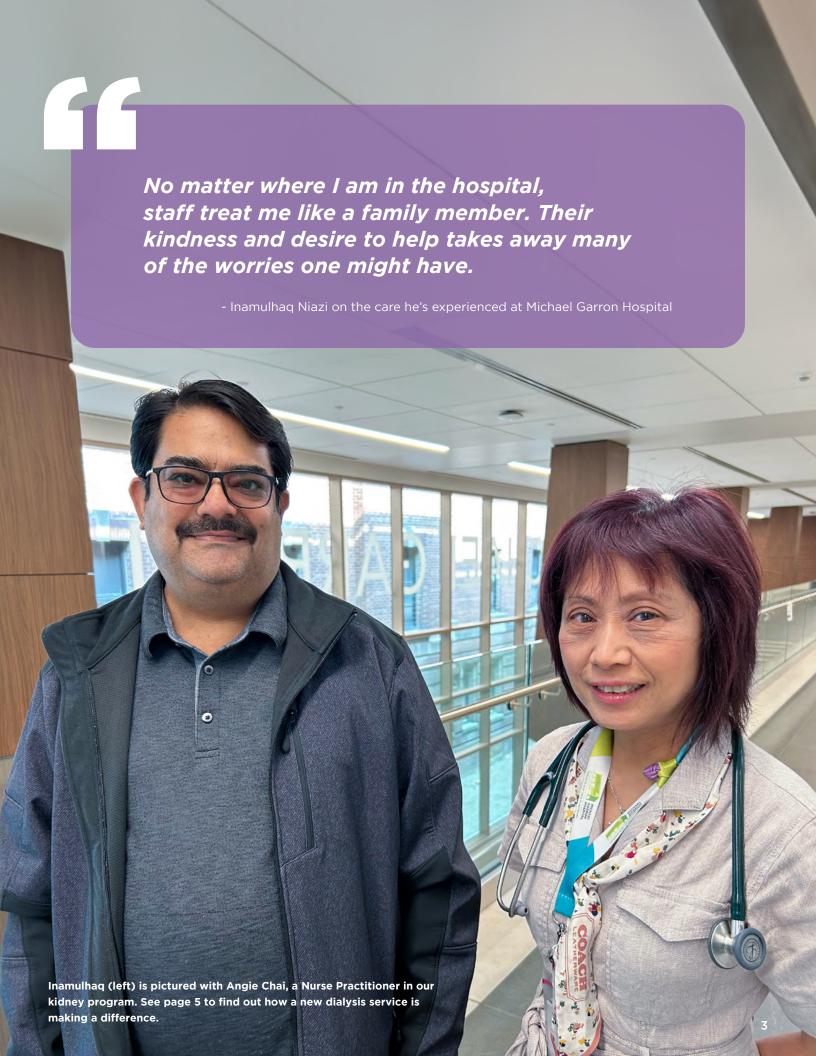
92

gifts from charitable foundations

The heart of the east thanks you.

At Michael Garron Hospital, we are changing healthcare for the better. We are thankful that you are by our side, helping us realize our vision to provide great care inspired by community. Here's a look at the impact of your contributions.





A special message from our leaders

This year, Michael Garron Hospital welcomed the community into the Ken and Marilyn Thomson Patient Care Centre, one of Ontario's newest healthcare facilities. We saw unprecedented health system challenges and record-breaking volumes exacerbated by the pandemic. But despite all this, our teams successfully adapted to new processes and safely transferred more than 200 patients to the new building while maintaining excellent, high-quality patient care.

Outside of our walls and together with East Toronto Health Partners, our Ontario Health Team, we forged innovative partnerships to meet the needs of our community, closer to home. Among our shared accomplishments:

- Opening Health Access Taylor-Massey in Crescent Town,
- Expanding health and social services at Community Outreach Centres in Thorncliffe Park and Flemingdon Park,
- Offering walk-in bivalent COVID-19 booster clinics, and
- Launching virtual health, wellness and employment services for youth and young adults at the Thorncliffe Park Youth Wellness Hub.

Thanks to our exceptional healthcare teams, community members, partners and generous donors, we are stronger than ever before.

This year marked the successful close of our Heart of the East Campaign to raise \$100 million for our hospital's transformation. Tens of thousands of donors helped us surpass our goal by an incredible \$26 million. This included a historic donation from Berna and Myron Garron, as well as a transformational gift from Peter and Diana Thomson.

Altogether these contributions enabled Michael Garron Hospital Foundation to provide more support than expected toward our hospital's redevelopment and its most pressing needs. We are deeply grateful to everyone who contributed. The impact of your generosity is felt by our patients and staff alike.

So begins another chapter. A new strategic plan and vision - great care inspired by community - will guide our priorities over the next two years. To lead the charge, Melanie Kohn joins our hospital as President and CEO.

Your support makes everything possible. Thank you for believing in the heart of the east.

Sincerely,

Wolf Klassen

President & CEO. Interim Michael Garron Hospital

Lovisa McCallum

Chair of the Board

Michael Garron Hospital

President Michael Garron Hospital

Foundation

Mitze Mounte

Mitze Mourinho

Chair of the Board Michael Garron Hospital

Foundation



Supporting patient-focused care

Inamulhaq Niazi, 54, has lived with high blood pressure for over 15 years, contributing to the deterioration of his kidney function. In January 2023, it reached the point that he needed dialysis.

Inamulhaq was relieved to learn that, thanks to a new service at Michael Garron Hospital, he could perform peritoneal dialysis (PD) from the comfort of home.

This vital treatment removes waste products and extra fluids from a patient's blood. Home-based PD became an option at our hospital with the June 2022 launch of our Home PD Service, which provides patients with treatment plans and comprehensive training.

Inamulhaq did PD overnight at home while he slept. This isn't possible with hemodialysis, which typically requires patients to visit a hospital three times weekly. As someone who works, Inamulhaq appreciated home PD's convenience. "You can live your life almost the same as before," he says.

In addition to being gentler, PD better maintains residual kidney function and often requires fewer dietary restrictions.

Before we launched our service, patients had to transfer elsewhere for this treatment, a difficult choice when they've bonded with their care team.

To confidently undertake PD, patients receive training in our Neo Azad Foundation Kidney Centre, part of our new Ken and Marilyn Thomson Patient Care Centre. Inamulhaq visits the kidney centre frequently and likes that it's "cheerful and spacious."





Donors make it possible

The Neo Azad Foundation Kidney Centre is located in our Chronic Disease Unit alongside the Zeena & Farid Amarshi Family Cardiac Centre and the Steel Canada Resources Ltd Chest Centre. Based on the prevalence of chronic diseases in our community and their often interrelated nature, bringing together these centres enhances our clinicians' ability to collaborate on care.

Neo Azad Foundation founder Ardy Khavari is dedicated to enhancing communities where his development company builds. His foundation committed \$1 million to our hospital's redevelopment when a partner's family received outstanding kidney care.

"We saw there was an opportunity to help and we said, 'Let's give back," says Ardy.

COVID-19 response enters a new phase

With higher COVID-19 immunity and fewer cases in East Toronto this year, reduced demand led to closure of our Clinical Assessment Centre in February 2023 followed by our Cold, Flu and COVID-19 Clinic in March 2023. This freed resources for other community-based initiatives, like the Thorncliffe Park Youth Wellness Hub, a centre for healthcare and social services operated with East Toronto Health Partners.

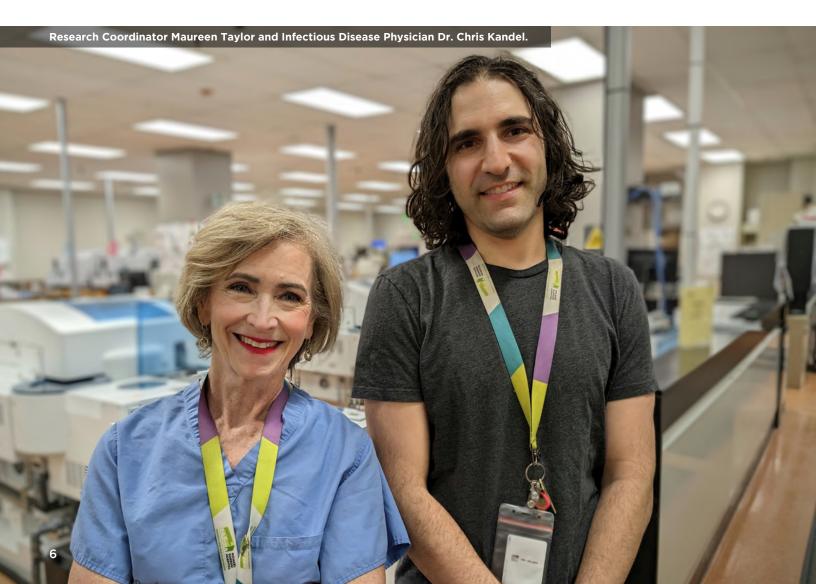
Meanwhile, with the support of our donors, Michael Garron Hospital researchers are advancing knowledge on COVID-19. Infectious Disease Researcher Dr. Chris Kandel and Research Coordinator Maureen Taylor have been at the forefront of our involvement in multiple studies to identify effective drug treatments. Dr. Kandel is also studying the strength of COVID-19 antibodies with researchers at three other Toronto hospitals.

And Respirologist Dr. Ian Fraser leads our participation in a Canada-wide study to gain deeper understanding of COVID-19's short- and long-term health outcomes.

"COVID-19 challenged us to build our research capacity extremely quickly. This demanded the broad participation of our hospital – from healthcare providers to the laboratory to the IT department and the research office," says Dr. Kandel.

"Seeing everyone working toward the same goal was exhilarating, and the lasting partnerships we've formed will provide a solid foundation for continued research here."

Learnings from COVID-19 will help equip us for future pandemics. Already, enhanced infection control features are built into our Ken and Marilyn Thomson Patient Care Centre. And if another disease outbreak causes a significant surge in hospitalizations, the Thomson Centre's exam rooms can convert to accommodate additional inpatients.



Building bridges to fulfilling lives

Tommy Spinner has "suffered from varying degrees of anxiety probably most of their life," says their mother, Ali. In fall 2021 as Tommy began Grade 8, their anxiety became severe enough that they refused to attend school in person or virtually, ultimately missing most of the year.

"We were in a place of crisis," Ali recalls. "We felt helpless, because we didn't know how to help Tommy or where to turn."

Then the Spinners discovered Building Bridges, an 18-week outpatient program at Michael Garron Hospital that provides a mix of therapy and personalized classroom instruction for youth ages 12 to 17 whose mental health challenges prevent them from going to school.

Through individual and group therapy,
Tommy gained skills to manage their
anxiety, so as "to be able to participate
in school and life," Ali says. Family
therapy helped Ali and her husband Jamie
better understand Tommy's needs and
communicate more effectively. "That was
very transformative."

After earning four Grade 9 credits and completing Building Bridges in January 2023, Tommy had an uneventful return to school in their community – exactly as hoped.

In gratitude for this "life-changing" experience, Ali and Jamie donated and raised funds to support Building Bridges. They won't soon forget the program's impact on their family.

"It's hard to put it into words," Ali says. "Building Bridges was able to catch us and get us back on track as a family."



Doing more to improve youth mental health and well-being

Michael Garron Hospital offers a wide range of mental health services for young people. From acute care in our new Slaight Family Child & Youth Mental Health Inpatient Unit to outpatient programming, our services give youth and families tools to overcome mental health challenges.

Our newly expanded Child & Youth Eating Disorders Program offers outpatients family therapy and medical monitoring. For those requiring more intensive care, the program's NourishED Pathways service includes additional on-site and at-home support.

Meanwhile, donor generosity enabled the introduction of peer support services as part of our Transitional Youth Program, which counsels youth and connects them with services to support their long-term wellbeing. The program's peer support workers have lived experience in the mental health system that helps them relate to patients and aid recovery.

A collaborative approach to care



Hall Centre for Seniors; Razia Rashed, Co-Chair of the Taylor-Massey Residents Wellness Council; and Sherry Qu of the South East

To ensure people in East Toronto get the help they need, where and when they need it, Michael Garron Hospital partners with numerous community organizations.

Toronto Family Health Team.

We're proud to be both a founding and anchor member of East Toronto Health Partners (ETHP), a group of over 100 health and social services organizations working together to improve the way people find and receive care in the community.

In October 2022, our hospital worked with ETHP organizations East Toronto Family Practice Network, South East Toronto Family Health Team and WoodGreen Community Services to launch Health Access Taylor-Massey in Crescent Town. The centre provides team-based primary care, preventive cancer screening, resource navigation and more to local residents.

"During the pandemic, our teams established a presence in East Toronto's priority neighbourhoods to help connect residents to the care and supports they need most," says Dr. Jeff Powis, Medical Director of Infection Prevention and Control and Medical Lead of Integrated Care at ETHP. "We're thrilled to continue working with our partners to ensure our communities can benefit from easy access to services that address health inequities and improve health outcomes."

Additional examples of collaboration with our community partners include:

Thorncliffe Park Youth Wellness Hub

The hub offers convenient access to services for mental health, primary care, employment and more for young people ages 12 to 25 in Thorncliffe Park and Flemingdon Park. It was launched in partnership with Youth Wellness Hubs Ontario. Virtual services are now available, and in-person services are coming this summer.

Cold. Flu and COVID-19 Clinic

Between November 2022 and March 2023, this clinic in Thorncliffe Park addressed surging demand for care due to an increase in respiratory illnesses. This helped alleviate patient volumes at emergency departments during a nationwide shortage of over-the-counter medications for children.

Women's Withdrawal Management Services facility

We opened a new centre on the Danforth in August 2022 to support individuals facing mental health and substance use concerns. The 16-bed facility provides a safe space for healing and respite for people 16 and older who identify as women, non-binary, two-spirit and trans, and who are in an acute state of intoxication or withdrawal from alcohol or other substances. The centre is staffed by our hospital and The Neighbourhood Group Community Services.

Tackling the surgery backlog

The pandemic exacerbated Ontario's surgery backlog. However, with effective triaging, collaboration and new facilities, Michael Garron Hospital is steadily reducing wait times to get people the care they need as quickly as possible.

The surgery backlog is a complex issue relating to the number of patients on our waitlist who've been waiting for their scheduled surgery longer than clinical guidelines recommend.

Known as long waiters, these patients made up six to 12% of our surgery waitlist before COVID-19 struck. Pandemic-related disruptions to surgical care pushed this figure to as high as 30%, with eye and orthopaedic surgeries especially impacted.

We've been able to reduce long waiters to 14% of our waitlist, ahead of timelines set provincially and regionally.

"Our physicians, nurses and other team members remain laser-focused on eliminating our backlog and enhancing access to surgery for all of our patients," says Dr. Rajiv Singal, Chief of Surgery.

During the fiscal year, we returned to pre-pandemic volumes by completing nearly 25,000 surgeries.

Teamwork and a proven system of triaging have been crucial to shrinking our backlog. Every day, our surgery and bioethics teams use equitable triage principles to determine which surgeries are of the highest priority. These include procedures that, if further delayed, could affect a patient's ability to fully recover.

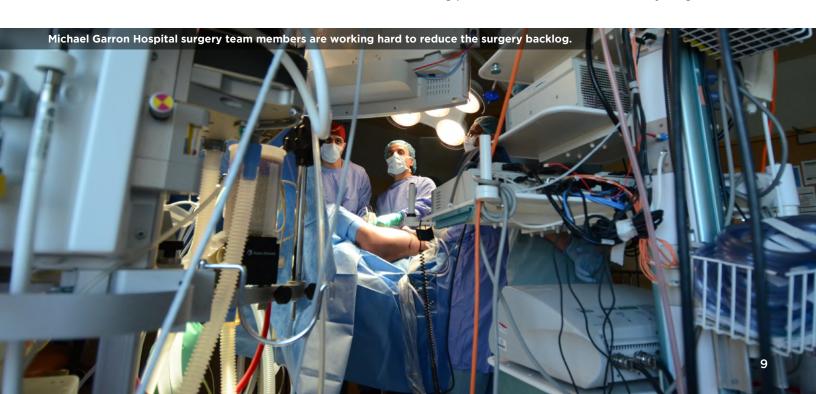
Our new Ken and Marilyn Thomson Patient Care Centre is also helping. Two large procedure rooms within its Leonard Richard Catford & Harold John Catford Outpatient Procedures Unit serve as satellite operating rooms. Here our teams perform lower-acuity outpatient operations, such as biopsies and cataract removal, allowing us to prioritize oncology and other more acute surgeries in our main operating rooms to decrease related wait times.

The work ahead demands creative solutions, which is the motivation behind new partnerships with Sunnybrook Health Sciences Centre and SickKids.

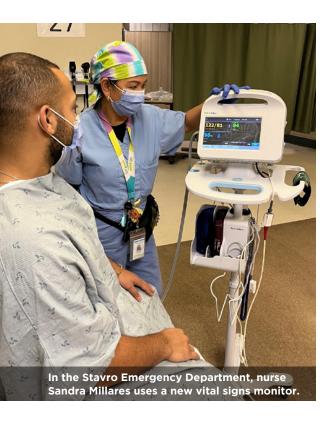
Launched in April 2023, the Toronto Regional Arthroplasty Collaborative enables surgeons from our hospital and Sunnybrook to do hip and knee replacements at Sunnybrook's Holland Centre on weekends. This will create capacity to complete an additional 1,335 joint replacements annually, cutting the Toronto-area waitlist for these surgeries by half within two years.

Also in April, we began a partnership with SickKids whereby our urology team is performing paediatric urology procedures. During Phase 1 of the partnership we're improving local access to surgery by doing operations for East Toronto children on SickKids' waitlist, before expanding our criteria in the next phase.

With our partners, we are exploring further opportunities to bring patients the best and most timely surgical care.



Gearing up thanks to your support



Donor support funds new equipment, enabling our clinicians to provide the best possible care. Here are just a few items purchased during the last fiscal year:

Tripp/Smith Family Foundation CT Scan

This leading-edge CT scanner is used to diagnose patients, as well as guide biopsies and other precise procedures. Compared to its predecessor, this scanner reduces X-ray radiation by as much as 50%, which is especially beneficial for patients requiring frequent scans.

Vital signs monitors

To observe patients with life-threatening illnesses and those who need extra monitoring, vital signs monitors continuously measure blood pressure, heart rate, body temperature and oxygen level, alerting staff of significant changes. With your help, we purchased 130 monitors during the last fiscal year.

Surgical microscopes (ophthalmology)

During intricate microsurgeries – such as cataract surgery, cornea transplant and glaucoma surgery – surgeons require specialized high-resolution operating microscopes. Two new donor-funded ophthalmic microscopes and viewing systems support our eye surgeons working to restore patients' vision.

Great times supporting an important cause

Here's a look at our fundraising events:

Tee time

At Scarboro Golf & Country Club, 120 golfers participated in the Michael Garron Hospital Foundation Golf Classic in June 2022. Presented by EllisDon, this tournament raised \$338,000 in support of our Heart of the East Campaign. As part of this, players chipped in to furnish 21 patient rooms.

Cue laughter

Laughter is the Best Medicine returned to the Beanfield Centre in May 2023. Headlined by two-time Emmy and Writers Guild of America award-winner John Mulaney – and hosted by hometown hero Will Arnett – the sold-out show tickled major funny bones.

"We're incredibly proud to Grow the Good in our community with Michael Garron Hospital through the BMO Child & Youth Centre and as presenting sponsor of Laughter is the Best Medicine," says Helen Seibel, Head of Community and Employee Giving at BMO Financial Group. "After two years, it's exciting to return to an inperson event – allowing everyone to reconnect in support of this important cause."

Together with three transformative gifts announced at the event, \$5.6 million* was raised to support our hospital's most pressing needs and emerging priorities.

* Event proceeds will be reflected in 2023/24 financials

Chris Nelson, Howard Atkinson, Brad Daniels and Craig Loughry, winners of the Saul Korman Cup at our 2022 Golf Classic.



Guests at Laughter is the Best Medicine.

Enhancing our Stavro Emergency Department

Our Stavro Emergency Department (ED) was busier than ever over the past year. While the team used to receive about 200 visits daily, volumes recently peaked at 350 patients per day, with many of them experiencing more severe illness.

Soon emergency patients will have more comfortable, convenient care thanks to the Impact Council, a group of young professionals who fundraise for Michael Garron Hospital. They raised \$70,000 at their inaugural East End Eats event, where 150 guests explored Leslieville hotspots.

After hearing from hospital staff about projects needing funding, the Impact Council directed proceeds toward ED enhancements that would benefit everyone who relies on our hospital for emergency care.

"The Impact Council's support could not have come at a better time," says Dr. Kyle Vojdani, Chief and Medical Director of the ED. "It's helping us modernize the ED experience for our patients and staff."

The funding will help launch three pilots:

- Creating a Virtual Waiting Room to let patients wait more comfortably at home or in other hospital areas, and receive a phone notification when it's their turn to be seen
- Embedding physicians in our triage system so they can arrange pain medications and diagnostic imaging as soon as patients arrive in the ED
- Implementing a new Wait Time Clock that allows patients to see our ED's current wait times so they can better plan their visit

"Healthcare budgets are tight so we wanted to make a positive difference in our community by supporting the excellent care at Michael Garron Hospital," says Ariana Mussato, Impact Council Co-chair. "It's exciting to see the results of our fundraising and we look forward to supporting more projects in the future."

Together with ongoing support from the Stavro family, which helps maintain and upgrade our ED, the new enhancements highlight continued efforts to embrace innovation and make life easier for our patients and their families.





Creative solutions to staffing gaps



Helping to ensure everyone belongs

Meet Carol Soares, Equity, Diversity and Inclusion Specialist

Q: Why is equity, diversity, inclusion and belonging (EDIB) important?

CS: People may be experiencing their most vulnerable moments when seeking our services. As a community hospital, we want to make sure that everyone has the best health experience and that we are contributing to the best possible outcomes.

Q: What strikes you about our hospital's commitment to EDIB?

CS: There are so many people here who are invested in making sure everyone – patients, volunteers, employees – feels they have a safe space where they can thrive, reach their potential and have equitable healthcare.

Q: What are some of your highlights since joining the team in May 2022?

CS: Helping to lead the vision and mission of the Inclusion Alliance, which strives to address systemic and institutional racism. Also, finalizing our unified framework to advance our EDIB goals and advancing policies related to equity, accessibility and anti-racism.

Q: What does it take to make EDIB efforts successful?

CS: We have to start where we are and be consistent and intentional in how we move forward by building on what we're doing well and transforming things that we could be doing much better.

With the healthcare human resources crisis affecting hospitals across Ontario, Michael Garron Hospital is finding creative ways to recruit staff.

Following a seven-month search, our Department of Paediatrics hired three internationally trained physicians in January 2023. Drs. Sehr Ansari, Jeje Ladele and Nataly Mercado completed medical education and residencies in other countries before finishing fellowships in Canada.

"I'm incredibly grateful for the skill and talent these physicians bring to our program," says Dr. Celia Atkinson, Chief of Paediatrics. "It's crucial that they are well supported."

To address the nursing shortage, our hospital helps internationally educated nurses complete their Ontario licensing requirements. Through this program, we trained 13 nurses and hired seven. We also partnered with three other hospitals to recruit and train a team of critical care nurses to work across four sites as needed.

"Recruitment is hard, but part two of the process is retention," says Dr. Atkinson.

In recognition of our efforts to support staff, Michael Garron Hospital was named one of Greater Toronto's Top Employers for the seventh year running. We also received Waterstone Canada's Most Admired Corporate Culture Award.

Among the donor-supported initiatives that help our employees, the Rosenbluth Award for Excellence and Innovation in Psychiatry funds professional development opportunities for our mental health team. As well, a physicians' wellness program is in place thanks to the Abrahamson Family Fund for Quality Initiatives. And the Hiscox Wellness Fund provides support to physicians, in turn impacting healthcare quality and patient safety.

Dr. Celia Atkinson (second from left) with new paediatrics

physicians Dr. Sehr Ansari, Dr. Jeje Ladele and Dr. Nataly Mercado.

Growing demand for learning

"It's amazing that Michael Garron Hospital is helping staff to improve their knowledge and position," says Svetlana Prajer, a Registered Practical Nurse (RPN) working towards her RN degree.

For Svetlana and a growing number of staff and physicians advancing their education, the hospital supports growth and learning by covering part of their course fees. "I switched to working part-time to pull through my course requirements, so the support is very helpful," she says.

Our Tuition Assistance Program doubled its reimbursement amount in April 2022 thanks to the generosity of Dr. Molly Rundle and Stephen Lister, who donated \$1.5 million toward the program and the hospital's redevelopment. The number of staff who have received tuition support annually has grown from 45 in 2021 to 64 as of March 2023.

For staff like Christine Lee, RPN, the financial support helps with the transition to new roles. "With the Tuition Assistance Program, I was able to start nephrology certificate courses without a financial burden so I could move to the Hemodialysis Unit successfully," says Christine.

There's also a new tuition subsidy thanks to a generous donation by our hospital's physicians. The Medical Staff Association's education fund supports nurses and allied health professionals.

As a community teaching hospital, our commitment to education includes welcoming students from a wide range of health disciplines.

"We are one of the top-ranked hospitals for trainees," says Dr. Peter Tzakas, Director of Medical Education. "Many request to come here just because of the experience they'll get. They value the sense of community and the opportunities for working one-on-one with clinical staff and credentialed physicians."

With additional government investments in medical schools, the number of undergraduate medical students is expected to increase by 33% here in September 2024 and even more in the future. Our new Carswell Family Centre for Medical Education can accommodate this growth by supporting team-based learning, simulation training and work-based assessments.







Heartfelt thanks

Your generosity enables our team to deliver great care inspired by community. Every gift to Michael Garron Hospital makes an impact that is seen and felt by our patients and staff alike.

Donations at all levels are gratefully accepted and celebrated as we stretch every donated dollar to its furthest extent. While it's impossible to list everyone who contributed, our appreciation for each of our donors runs deep.

This list recognizes the leadership and vision of some of the individuals, companies, community groups, foundations and estates that provided support over the fiscal year ended March 31, 2023.

CUMULATIVE GIFTS

This list represents donors whose cumulative lifetime commitments total more than \$250,000 as of March 31, 2023

\$50,000,000+

Myron & Berna Garron

\$10,000,000 - \$24,999,999

Peter & Diana Thomson

BMO Financial Group

\$5,000,000 - \$9,999,999

FDC Foundation Volunteer Services to the Michael Garron Hospital The late Dr. William & Phyllis Waters

\$1,000,000 - \$4,999,999The Zeena & Farid Amarshi Family

The Borough of East York Dr. Allan & Helen Carswell Carswell Family Foundation Estate of Leonard Richard Catford Estate of Margaret Georgina Chambers Ralph & Rose Chiodo Family **CIBC** City of Toronto Estate of Harry Compton The Dewij Family GreekTown on the Danforth BIA Estate of Charles Edward Hebert **Huband Moffat Family** Moez & Marissa Kassam Foundation Neo Azad Foundation **RBC** Foundation Dr. Margaret (Molly) Rundle & Stephen Lister

Scotiabank
The Slaight Family Foundation
Steve & Sally Stavro Family
Foundation
Steel Canada Resources Ltd
TD Bank Group

Tripp / Smith Family Foundation Anonymous (1)

\$500,000 - \$999,999

Estate of Illa Bielby EllisDon Corporation The Hon. William & Catherine Graham Estate of James Glen Greenaway Estate of Wendy Catherine Hunter Dr. M. Jane Kettles & the late Dr. Les Urbankiewicz Kevin & Mandi Kimsa Michael MacMillan & Cathy Spoel Adrienne & Douglas Mahaffy & Family Sydney & Yvonne McMorran Estate of Willa June Ribchester In loving memory of Paul Rodwell William & Meredith Saunderson **Shoppers Drug Mart Corporation** Sun Life Mark & Sarah Wellings

\$250,000 - \$499,999

Dr. John Abrahamson & Marlene
Greenberg & Family
Agnico Eagle Mines Limited
The Arnett Family
J.P. Bickell Foundation
Estate of Frank Hilding Carlson
Marilyn Carruthers
Estate of Rene H. Clemens
James H. Cummings Foundation
The Di Marco Family
Doug & Toni Farley & Family

Edwards Charitable Foundation Estate of Herman Ferrao The Globe and Mail Robert Goodall & Leontine Major Estate of John David Heraud The late Richard M. Hogarth **IAMGOLD** Corporation Indigo Books & Music Inc. Estate of Gordon Stephen Ing Islamic Society of Toronto Peter & Allison Jelley Mikhail Kassam & Audrey Massey The Kirkwood Family in memory of lan Kirkwood The late Saul M. Korman & the late Myrna Korman The Lawson Foundation Bill MacKinnon Terry & Sue Maloney Manulife Estate of Dorothy McLain The R. Samuel McLaughlin Foundation Estate of Ernest McQuillan Estate of Lawrence Bert Morgan Estate of Laura Rozetta Ray Mosley Estate of Zelma Thomson Murphy The Printing House Limited, Janice & Earle O'Born Osler, Hoskin & Harcourt LLP Estate of Robin Eleanor Parmeter Larry & Judy Phillips Randa Canada Ltd Estate of Alvin Harry Seward Estate of Violet Skene Estate of Laura Winifred McDonald

Thompson

Anonymous (2)

Unit Park Holdings Inc.

Estate of Margery J. Warren

GIFTS RECEIVED

This list represents cumulative gifts totalling \$1,000+ made between April 1, 2022 and March 31, 2023

\$1,000,000 - \$4,999,999

Peter & Diana Thomson

\$500,000 - \$999,999

Estate of James Glen Greenaway In loving memory of Paul Rodwell

\$250,000 - \$499,999

BMO Financial Group

\$100,000 - \$249,999

Agnico Eagle Mines Limited Ralph & Rose Chiodo Family CIBC

The Dewji Family
The Ciro & Caterina Gucciardi
Charitable Foundation

Huband Moffat Family

Islamic Society of Toronto

Moez & Marissa Kassam Foundation

Nee A and Foundation

Neo Azad Foundation

E. & G. Odette Foundation

RBC Foundation

Dr. Margaret (Molly) Rundle & Stephen Lister

Scotiabank

The Slaight Family Foundation
Steve & Sally Stavro Family
Foundation
Sun Life
TD Bank Group
Estate of Laura Winifred McDonald
Thompson
Tripp/Smith Family Foundation

\$50,000 - \$99,999

The Zeena & Farid Amarshi Family Astro Excavating & Ilan Philosophe David Dunn David Eastaugh Edwards Charitable Foundation EllisDon Corporation

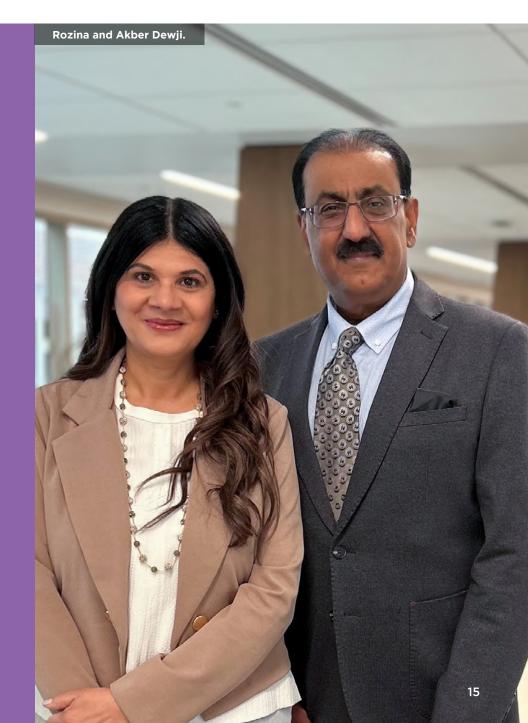
Improving the hospital experience together

After struggling to find parking close to our hospital, the Dewji family decided to be part of the solution. With support from their daughter Annie, Akber and Rozina committed \$1.15 million to help improve the experience for people arriving by car or bike. This made way for the Dewji Family and Mr. Lube Parking Garage, which offers four levels of underground parking.

"As owners of numerous Mr. Lube locations, this was a natural fit for us," says Akber. "When someone is going to the hospital, whether they're in need of care or visiting a patient, parking should be the least of their concerns. Our family knows this firsthand and we wanted to lessen the load for others."

In addition to helping us extend our hospital's warm welcome, the Dewjis are investing in its services. Our Speech Language Pathology Clinic, which supports children who struggle with language comprehension and speaking, is named in memory of Akber and Rozina's daughter, Naina Dossani, who was a speech language pathologist.

"This is our way of continuing Naina's important work," says Rozina. "We keep her close to our hearts and are very proud to share her inspiration with young patients and their families."



Doug & Toni Farley & Family Myron & Berna Garron Peter & Allison Jellev Dr. M. Jane Kettles & the late Dr. Les Urbankiewicz Steel Canada Resources Ltd Unit Park Holdings Inc.

\$25,000 - \$49,999

Dr. John Abrahamson & Marlene Greenberg & Family Access Storage The Harold E. Ballard Foundation Canadian Tire Marilyn Carruthers Dr. Allan & Helen Carswell **Choice Properties** Currado/Mallett Family Deloitte The Di Marco Family Freedom Mobile Robert Goodall & Leontine Major HLS Therapeutics Inc. Shawn Korman Terry & Sue Maloney Estate of Donald McBride Gerry McGhee Metalogics Inc Joseph Mimran & Associates Northwest Healthcare Properties O'Neil Electric Supply The Ouellette Family Foundation Teranet Inc. Turner Fleischer

\$10,000 - \$24,999 407 ETR Concession Company Limited John T. Adams Ram Amarnath & Meera Shah Karen & Brian Annis **Arch Corporation** Estate of Ursula Gerda Archilles The Arnett Family The Mitchell & Kathryn Baran Family Foundation / Danielle Baran David Beaton Geoffrey Beattie & Amanda Lang Bell Canada Ben's Pharmacy **Brunswick Bierworks** Kristen Campbell & Jeremy Buffett **CAPREIT** Carpenters' District Council of Ontario CentreCourt

Anonymous (4)

CIBC Securities Services Climate Innovation Capital Adrianna Czornyj DeClute Real Estate Inc. Sarah Dewar Diamond Corp Downtown Subaru Tony & Jesse-Lyn Eleftheriadis Euclid Transactional LLC Margaret & Mark Franklin GIP Green Infrastructure Partners Inc. GP Custom Metals Inc. The Graff Family Guardian Capital Group Limited Barbara Hackett & John H. Tory Betty & Aubrey Hicks Jablonsky, Ast & Partners O. Jensen Jimmy the Greek Kevin & Mandi Kimsa Kinross Gold Corporation Labatt Breweries of Canada Mary Lovett & Jack Gibbons Mahony Family Jonathan Maier Maxum Drywall Inc. Lovisa McCallum Dr. Janine McCready & Rahool Agarwal Tom Merrall & Melisse Willems Metrix Ready Mix Ltd. Metro Inc. Michael Garron Hospital Emergency Department Michael Garron Hospital Medical Staff Association Michael Garron Hospital Radiology Associates Moss LED Inc.

Novacap Osler, Hoskin & Harcourt LLP Norman & Marsha Paul & Family Pharmasave Victoria Prince & Philip Robson PwC Canada Radiant The Rands Family Raymond James Ltd. **RBC** Insurance

Hon. Alan & Louise Redway Estate of Marjorie Rimes Susan Rimmer & Family Jeff & Freda Rout Foundation William & Meredith Saunderson Slate Asset Management Donna Smith

St. Thomas Developments Inc. Starlight Investments Dean Summerville

The Survivors Prostate Cancer Golf Tournament taq Automotive Intelligence **TELUS** Benjie & Sonia Thomas TKL Group Inc. George Tory & Allie Bradford Torys LLP Alfred Tremblay The late Jeannette A. Valeriote Natasha vandenHoven & Stephen Raymond Victoria Village Group Ken Wiener

Courtney Wilson & Aaron Fransen Anonymous (1) \$1,000 - \$9,999 A-1 Design Lock & Security Systems Andrew & Michelle Abbott Sharon Acorn Elayne & the late Robert Acton LeeAnn Acton Dr. Anjali Aggarwal Carlo Aiello Antonio Albi's Lemonade Stand Maria Albi The Alderson Family Cindi Alexander David Allan Robert C. Allan Clive V. & Barbara M. Allen Rafikol Amveen Magic White Inc./J. Anastasiadis Family Forbes Andersen Mary-Ellen Anderson Freeda Andreas Arvo & Marie Antspere Shari Armstrong Susan M. Armstrong Linda Armstrong-Russell Howard Atkinson, Deb Kimsa & Family Paul Au **B+H Architects** Meredith Bacal

Nancy Baker & Richard Shallhorn Balfour Bowen Family Foundation Dr. Lisa Ballinger Alysha Bandali

Mamata Datta Banik & Joyanta Banik

Frank & Sue Banwell Kirk Barton

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John & Susan Hogarth

The Holder-Bell Family & North Star

Solutions

Helping her community month by month

"I always felt Michael Garron Hospital is really in tune with East Toronto. They go out of their way to make sure their services are accessible and easy to use."

Olivia Chin appreciates how our hospital offers comfortable, family-friendly care. Her three-year-old daughter Coral has benefitted from our services many times, including COVID-19 tests, vaccinations, clinic visits during flu season and a trip to our Child & Youth Emergency Zone when she had a high fever. As a donor, Olivia is helping us deliver great care that everyone can count on.

"When I was thinking about things I have interacted with, missions I believe in, services that I think are beneficial for my community, I thought of Michael Garron Hospital," says Olivia, who makes monthly donations to stretch her giving. "The care is quality and community-oriented. Thinking about our time in emerg, it was less stressful, with less waiting and it felt more personal."



Allen Holmes Andrew Holmes Amelia Hoyt

Martin Hubbes & Suzanne Trudel The John Hunter Foundation Paul & Maila Iacono & Family

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David & Joyce Johnson

Donald Johnson, O.C. & the late Anna

McCowan Johnson

Joan Johnson

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Dr. Sebastian Karavattathayyil

Dr. Marcus Kargel Steve Kaszas Fotis Katsikeris Dr. Adam Kaufman

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Plan

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Dr. Catherine A. Steele

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Stikeman Elliott LLP David & Diana Stinson Strategic Navigator Inc. Stretch Thrift Outlet

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Roccantonio & Debbie Visconti

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The Family of Dr. Eldon Williams

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The Honey & Leonard Wolfe Family

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Dr. Soojin Yi Alvin Young

Benjamin & Elizabeth Yousif

Dr. Catherine Yu Dr. Robert A. Zeldin Jiang-Yuan Zheng Dr. Mohammad Zia Anonymous (9)

A commitment to future generations

"Michael Garron Hospital is where people in the east end go in an emergency. Where they race to when they're having a baby. A place they rely on when they need answers to a persistent health issue."

For 22 years, Wayne MacLean worked here as a social worker. Now that he's retired, he shares his insights on our patient experience panel and volunteers in the hospital museum. With a gift to Michael Garron Hospital in his will, he's a proud member of our Joseph H. Harris Legacy Circle.

"I believe it's our civic responsibility to keep the hospital strong," says Wayne. "I can't think of a better legacy than helping to ensure the future health of our community. It feels good to know I'll be able to have an impact on the people and hospital I care about so dearly."



TRIBUTE GIFTS

All donations made in remembrance or celebration are truly appreciated. Due to space limitations, this list represents cumulative tribute gifts of \$1,000+ received between April 1, 2022 and March 31, 2023

IN MEMORY OF

Helen Carswell Tim Dang Jaime Medina Fernandez Dr. Paul Hannam Donna Hasler Della Holmes Vimla Suri Dr. Les Urbankiewicz Dr. Branislav Vlaovic Ismail Walji Gordon Watts

IN HONOUR OF

Ali's Birthday 2022 Dr. Roseann Andreou Dr. Reeta Barua Dr. Brett Beber Dr. James Bin Dr. Blaise Clarkson Dr. Patricia Disperati Dr. Aaron Glickman

Dr. Ryan Groll Dr. Anup K. Gupta Mackenzie Hui

Dr. Jing Li Dr. William El Masri Matt's 40th Birthday MGH Emergency Department Nurses MGH Infection Prevention & Control Department

MGH Oncology Department MGH Staff Dr. Jelena Popovic

Dr. Jeffrey E. Powis

Dr. Hany Sawires Carla Simmonds

Dr. Carmine Simone

Dr. Rajiv K. Singal

Dr. James Stevenson

Dr. Melissa Tai

Dr. Charlotte Wedge

Dr. Roy Wyman

JOSEPH H. HARRIS LEGACY CIRCLE

Named after the hospital's founder. the Joseph H. Harris Legacy Circle honours individuals who have arranged a future gift (gift in will, life insurance or RRSP/RRIF designation) in support of Michael Garron Hospital

LeeAnn Acton Frederick, Milka & Cynthia Antonopoulos Susan M. Armstrong Yolanda Bronstein Brian & Diane Coggins Nora Curran Susan & David Debono Elizabeth Devenish, TEGH Nursing Class of 1973 Christine Driver The late Margaret & David Ellis Richard Eglinton & Anita Vézina The Robert Francis Family Gary F. Grant Mary L. Harris

Brian & Betsy Jones **Dilys Jones** Carol D. Kirsh Steve & Lisa Lemon Hilary Linton Wayne D. MacLean Tim & Jane Marlatt Sydney & Yvonne McMorran Isobel Mentall Stephanie Meredith Susan & Paul Moffatt Shannon & Wes Moon The late Paul Prevost & Barbara Morgan

O. Jensen

Barbara-Anne Morton Mitze Mourinho Natalie Maria Muccioli Emery Clare Olmstead Debbie Owen The late Andreas & Ioanna Panayides (Pavne)

Aileen A. A. Pollock Lilian Rowe

Gareth Seltzer in honour of Mark Seltzer

William & Janet Small In Memory of James Stark Wayne & Susan Summerville Ann D. Sutton

Douglas Albert Taylor The Tripp / Smith Family Frank Tulipano & Joanne Neglia

Teresa E. Vasilopoulos

Lou Vigoda, in memory of my late wife Lilyan & in honour of Dr. Lawrence Weisbrod

Douglas & Beverly Woods Joan Woolever Lam & Mary Young Anonymous (66)

Our boards

The boards of Michael Garron Hospital and Michael Garron Hospital Foundation are comprised of leaders in business, healthcare and our community. Special thanks to these esteemed volunteers for providing governance and counsel in support of our shared vision.

MICHAEL GARRON HOSPITAL

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Lovisa McCallum

Vice Chair

Catriona Read

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Ex Officio

Dr. Linda Dvali Betty Hicks Wolf Klassen Lovisa McCallum Mitze Mourinho

Financial highlights



HOSPITAL FINANCIAL HIGHLIGHTS

FOR THE YEAR ENDED - MARCH 31, 2023

The following information is taken from Michael Garron Hospital/Toronto East Health Network's audited financial statements. Audited financial statements are available upon request.

STATEMENT OF REVENUE AND EXPENSES (IN \$000'S)

	2023	2022			
Revenue					
Government agencies	318,422	305,994			
Patient income Other income Other votes programs Amortization of deferred capital grants and donations Interest income Research	22,193 13,475 13,196 11,010 1,399 223	18,564 12,138 20,721 5,263 386 153			
			379,918	363,219	
			Expenses		
			Salaries, wages and employee benefits	257,067	241,114
			Other supplies and expenses	58,989	53,399
			Equipment and building amortization	19,956	14,361
	Medical and surgical supplies	16,684	15,105		
Drugs	13,803	12,198			
Other votes programs	13,196	20,721			
Research	223	153			
	379,918	357,051			
Excess of revenue over expenses for the year	_	6,168			



FOUNDATION FINANCIAL HIGHLIGHTS

FOR THE YEAR ENDED - MARCH 31, 2023

The following information is taken from Michael Garron Hospital Foundation's audited financial statements. Audited financial statements are available upon request.

STATEMENT OF FINANCIAL POSITION

	2023	2022
Assets		
Cash	9,687,331	1,602,024
Short term investments	23,151,379	36,505,097
Accounts receivable	124,810	69,968
Prepaid expenses	659,767	38,612
	33,623,287	38,215,701
Capital assets	203,926	121,745
Long term investments	864,121	864,349
	34,691,334	39,201,795
Liabilities		
Current liabilities		
Accounts payable & accrued liabilities	641,131	408,952
Deferred revenue	1,182,111	61,500
	1,823,242	470,452
Fund Balances		
Invested in capital assets	203,926	121,745
Restricted	25,500,953	31,992,110
Unrestricted	7,163,213	6,617,488
	32,868,092	38,731,343
	34,691,334	39,201,795

STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN FUND BALANCES

	2023	2022
Revenue		
Donations and events	9,415,109	20,372,718
Bequests	895,946	1,538,501
Investment income	1,018,744	342,228
_	11,329,799	22,253,447
Fundraising and administrative expenses	4,154,428	3,945,787
Excess of revenue over fundraising and administrative expenses		
before grants to Michael Garron Hospital and related parties	7,175,371	18,307,660
Unrealized gains and (losses)	(20,407)	(48,128)
Grants to Michael Garron Hospital & related parties	(13,018,215)	(12,687,334)
Excess of revenue over expenses	(5,863,251)	5,572,198
Fund balances, beginning of year	38,731,343	33,159,145
Fund balances, end of year	32,868,092	38,731,343

As of March 31, 2023 the Foundation is holding \$19,535,722 in funds for our redevelopment to be transferred to the hospital as required.

Looking ahead

Your generous response to our Heart of the East Campaign has emboldened our aspirations for what's next.

Building capacity

As we expand services to address health challenges in our community, urgent needs continue to arise. For instance, two years ago our cardiology program began offering angioplasty, a procedure that treats blockages in the heart. To augment this offering and our other services, a second procedure room in our Cardiac Catheterization Lab is urgently needed. In addition to addressing growing demand, it would allow us to relocate pacemaker implantations, which are currently performed in our operating rooms. Moving these procedures to an expanded cath lab will free up precious operating room time in efforts to tackle Ontario's surgery backlog.

Equipping our team

To provide our patients with expert care, our team needs reliable tools and modern equipment. We depend on donors to support upgrades and replacements. As an example, our da Vinci surgical robot was acquired in partnership with Sunnybrook Health Sciences Centre in 2012. The robot makes it possible to operate through keyhole incisions as its tiny components translate a surgeon's hand movements, affording a greater range of motion. At the same time, it offers high-definition views of

the surgical area for increased precision. So far, we've used the robot for prostate surgery and become an Ontario healthcare system leader in this technology. But there's potential to do more, and we're looking to expand use to other types of cancer surgery. To do so, we must invest in the replacement of our aging equipment. A new model will help us to bring the gold standard of care to more patients, enabling more people to benefit from faster recoveries associated with minimally invasive surgery.

Continued redevelopment

To bring the benefits of renewed spaces to even more of our patients, the current phase of our redevelopment is on track for completion in early 2025. Major renovations throughout the hospital campus continue with the demolition of our outdated A, B, C and F wings, consolidation of outpatient paediatric services in the new BMO Child & Youth Centre, creation of a U-shaped driveway accessing the Thomson Centre from Coxwell Avenue, and much more.

With you by our side, we're challenging expectations of what a community hospital can do. Thank you for your support as we continue to press for a stronger, healthier East Toronto.



Strategic plan 2023-2025

Michael Garron Hospital is implementing a new two-year strategic plan to support our vision: **great care inspired by community.** Our focus is on care, people and community as we leverage our strengths toward a healthier East Toronto.



In the next two years, we will:

Together with patients and families, provide high-quality, safe and equitable care

- Design and deliver healthcare that can be accessed fairly by everyone, and that is culturally inclusive
- Strengthen quality of care, clinical practice and the patient experience
- Grow our hospital services to support the recovery of our health system and meet the needs of the community we serve

Build a thriving workplace where all people belong

- Attract, inspire and retain our people by creating a supportive workplace
- Nurture our culture of belonging, well-being and safety
- Support our team to be their best

Together with community, improve the health of everyone in East Toronto

- Work with East Toronto Health Partners to keep integrating health and social care across East Toronto
- Support communities to lead local improvements in health and social care
- Use an equity-based approach to co-design neighbourhood services

This work will be bolstered by our strong foundations in education, research, digital technology, redevelopment and sustainability.

About our community

Michael Garron Hospital is situated in one of the most diverse areas in all of Canada. We serve 400,000 people from throughout East Toronto, as well as others who seek our skill and expertise.

Our surrounding community is spread across 22 distinct neighbourhoods, including five designated by the City of Toronto as priority neighbourhoods.

In our community:

- 1 in 5 families have low income
- Nearly 40% of the population are newcomers
- There's a large, growing population of children and youth
- The proportion of seniors is growing
- More than 50 languages are spoken

At our hospital, we see:

- High levels of heart disease, chronic inflammatory lung disease and diabetes
- The region's highest ED volumes, topping 90,000 visits this fiscal year in our Stavro Emergency Department
- High rates of clinical visits for mental health challenges

Everyone who enters our doors receives high-quality, equitable care. While treating our patients' health concerns, we treat them like neighbours. And we're privileged to be here for some of the most important moments of their lives.

Michael Garron Hospital Serves 22 neighbourhoods, including Flemingdon Park. Photo credit: Ali Meghani.

Michael Garron Hospital: By the numbers

All figures and comparisons are based on the fiscal year ended March 31, 2023.

SERVING EVERYONE WHO NEEDS US



20,671

inpatient stays (8.3% increase over last year)



166,502

face-to-face outpatient visits (36.8% increase)



39,510

virtual visits (35.1% decrease)



90,662

in-person visits to Stavro Emergency Department (7.1% increase)



2,913

Virtual Emergency Department visits, prior to closing on March 31, 2023



2,608

babies delivered (3.0% increase)



488

patient beds (7.7% increase)

A DEDICATED TEAM MAKES IT HAPPEN



684 physicians



3,053



26 midwives

TOGETHER WITH OUR LEARNERS

187 medical students

458 resident physicians

35 clinical fellowship physicians

20 midwifery students

12 physician assistant students

411 nursing students

27 personal support worker students

219 more, studying other health professions

AND 510 VOLUNTEERS

Only with your support

Together with our donors and partners, Michael Garron Hospital is building a stronger, healthier community. Each day, our team helps people at some of life's most crucial moments. From welcoming a new baby and supporting children as they grow, to providing emergency care, mental health and surgical services for people of all ages, to offering patients comfort and dignity at the end of life. We are here for everyone who needs us. And we can be only because donors like you are here for us.

With your help, we are bringing our expert care and compassion to those who call East Toronto home, and those who seek our skill and expertise.

Every gift matters and the impact of your gift is felt by everyone we work with and for.



Have a look at what happened when some of our donors surprised their healthcare heroes. Scan the QR code or visit mghf.ca/watch



825 Coxwell Avenue Toronto, ON M4C 3E7

416-469-6003 foundation@tehn.ca

mghf.ca



