



# INNOVATIVE HEALTHCARE FOR OUR COMMUNITY



2023/2024

## Annual Report



# Your impact

When you donate to Michael Garron Hospital, you contribute to solutions as we confront emerging challenges in our strained healthcare system. With your support, we're helping people live longer and better. And we're enabling our community to thrive.

Thanks to donors like you, \$16.7 million was raised over the last fiscal year in support of our hospital. This vital funding goes a long way to:

- Enable more patients to benefit from modern spaces as renovations continue in our legacy buildings
- Bolster patient care with new equipment and technology, such as ECG machines and a central monitoring system for paediatric patients
- Advance our services to meet the evolving needs of our diverse community
- Enhance our teams' skill and knowledge by providing tuition assistance for career-related courses
- Develop and deliver evidence-based solutions from our frontlines to other hospitals, supporting communities beyond our own

There's strength in numbers. We're grateful to everyone who invested in our hospital over the last fiscal year.

6,723

individual donors, with 1,534 making monthly gifts

1,890

event participants, including 1,061 who attended Laughter is the Best Medicine

262

corporate partners and community groups

13

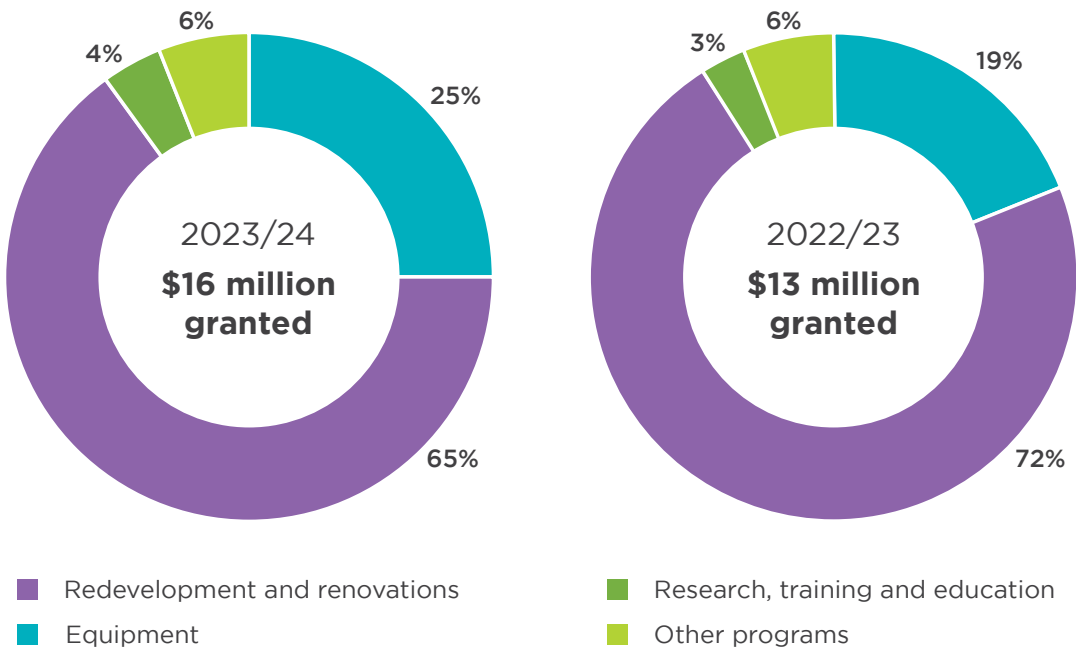
gifts from estates

68

gifts from charitable foundations

Our patients thank you, and our teams thank you. Prepare to beam with pride for what you helped us accomplish.

With your support this year, our foundation issued 104 grants totaling \$16 million – an increase in value of 23% over the last fiscal year. Here's a look at how contributions were distributed across the hospital to enhance care for patients.



# Breathing hope: A unique program weans patients from ventilators

*“Michael Garron Hospital changed Josh’s life. When I was feeling entirely discouraged, they gave me back my hope. They gave me back my son.”*

- Colleen Petrick

It was the height of the pandemic when Josh Turner headed to his local hospital’s emergency department with wrenching pain throughout his abdomen. After six months searching for medical support, he had nowhere to turn and his body was crashing, hard.

Josh’s parents were called in to say their final goodbyes the very next day.

His mom, Colleen Petrick, found him in intensive care on life support. Josh was diagnosed with acute necrotizing pancreatitis; severe inflammation was destroying his pancreas. As a result, his organs were turning septic and failing.

Josh was placed on a ventilator because his lungs were too weak to function on their own. He became paralyzed from the neck down due to critical illness.

Josh’s care team persisted in draining the infection and his organs slowly recovered. Already he was outliving his doctors’ expectations. But they were sure Josh’s lungs had sustained irreparable damage and that he would need to be on a ventilator for the rest of his life.

## Reason for optimism

Meanwhile, Colleen learned about Michael Garron Hospital’s specialized program for patients on mechanical ventilators who want to breathe on their own.

“At that point, I’d been told 20 times that my son shouldn’t be alive. I slept with my phone on every night, in case I got the call,” she says. “But I really pushed to get him to Michael Garron.”

On reviewing Josh’s case, Laura Istamboulian, PhD, Nurse Practitioner Director of our Provincial Prolonged-Ventilation Weaning Centre of Excellence, uncovered signs of progress.

“For nearly two years, we’d been going from hospital to hospital to see different specialists. One doctor said Josh was the sickest person he’d ever seen,” recalls Colleen. “When Laura reached out, I just bawled. I knew this was Josh’s chance at life.”

*Story continues on page 5.*

Josh Turner meets his niece and nephew, who were born while he was in intensive care. Colleen Petrick, Josh’s mom, is pictured on the left.

# A message from our leadership team



On the heels of welcoming the community to our Ken and Marilyn Thomson Patient Care Centre, our facilities are starting to match the calibre of care people have come to expect from our hospital. Improvements to our legacy buildings continue so even more patients can benefit from the comfort and convenience of modern spaces.

This was our foundation's second most successful year yet. And the need for further support shows no signs of slowing as our healthcare teams continue to confront mounting pressures.

Population growth, the province-wide shortage of family doctors and other factors contributed to our Stavro Emergency Department (ED) reaching a new high in patient visits. An average of 275 people came through daily, nearly double the capacity for which our original ED was built 30 years ago.

Our team rose to the challenge, activating new ways to cut wait times so that patients in need of emergency care are seen as quickly as possible; faster than most other hospitals in the city, in fact. That's a tall order as we have one of the busiest emergency departments in the GTA. And the majority of our patients have severe medical conditions requiring prompt attention.

This year's highlights include:

- Opening the Thorncliffe Park Youth Wellness Hub, which offers young people a variety of integrated walk-in services
- Leading the way as one of the first community hospitals to implement Safewards, a proven model of care reducing conflict on our mental health inpatient units
- Recognizing 14 of our physicians who were named in *Post City's* list of top doctors

- Earning our first CIHR (Canadian Institutes of Health Research) grant as a home institution, towards an equity-focused research agenda

We believe in our patients and our ability, even when hope seems lost. That's what makes Michael Garron Hospital the heart of the east.

This year, we closed in on fundraising goals to support expansion of our Cardiac Catheterization Lab and the purchase of a new da Vinci Surgical System for robotic-assisted surgeries. As a donor, you're putting this urgently needed capacity and state-of-the-art equipment within reach. You're creating a way forward by helping us bring patients our very best even as we find ways to do more.

With your help, we will prevail to change and save lives in a constantly evolving and always challenging healthcare landscape. This work is only possible with your support. We're grateful you're in our corner.

**Melanie Kohn**  
President & CEO  
Michael Garron Hospital

**Lovisa McCallum**  
Chair of the Board  
Michael Garron Hospital

**Mitze Mourinho**  
President  
Michael Garron Hospital  
Foundation

**Eric Tripp**  
Chair of the Board  
Michael Garron Hospital  
Foundation

*Continued from page 3.*

## **The right care at the right time**

At Michael Garron Hospital, the team established a plan to help Josh wean from the ventilator. As part of this, a respirologist worked with him every day. A dietitian also helped transition Josh from his feeding tube, so he could eat and swallow independently.

"I stayed in the hospital on a pull-out bed in his room. The respirologist said my being there would make a difference in Josh getting better faster," Colleen says. "They encouraged our family to be involved and made it easy for me."

After just two-and-a-half weeks at our hospital, Josh was successfully weaned. "That first night when he was off the vent, I went to sleep with such joy. Pure joy and peace," remembers Colleen.

Focus then shifted to nerve recovery and regaining motion. Over the course of treatment, Josh gradually started to move his arms and fingers again.

## **A centre of excellence**

Laura and her team are improving support for patients like Josh who have been in intensive care for extended periods. "Their needs are very different from other ICU patients," she explains. "If they're awake, they're often confused with few ways of expressing their needs or asking questions. One of the ways we can help is by including their families as partners in care."

For instance, when Josh arrived, "he could only give yes or no responses. Colleen understood how he was feeling. By trusting her, we got the cues we needed to help her son," Laura continues.

"With this specialized care, training and processes are crucial. Nothing formal exists in Canada, so our team is leveraging our learnings and collaborating internationally to build what's needed."

With support from TD Bank Group, our frontline research in this area involves patients, their families and clinicians. It contributed to a nationwide study that led to Action 11, an evidence-based approach to caring for people with persistent critical illness, which is being implemented at our hospital and others in the U.K. ♥



Left: Lovisa McCallum, Melanie Kohn, Mitze Mourinho and Eric Tripp in our Ken and Marilyn Thomson Patient Care Centre.

Right: Josh and Colleen.



# The impact of our new facilities

Opened in January 2023, our eight-storey Ken and Marilyn Thomson Patient Care Centre enables us to enhance patient care.

“As we experience higher patient volumes, we are seeing more efficient patient flow and shorter length-of-stays,” says Dr. Carmine Simone, Vice President, Medical, Strategic Clinical Partnerships and Innovation. “Our modern spaces help limit the spread of infection, so our hospital is safer for patients and staff.”

## More time for bedside care

In our community, it's common for people to have multiple health issues. For example, many cancer surgery patients have additional medical conditions that complicate recovery. The Thomson Centre's design enables our teams to care for these patients on the surgical inpatient unit, rather than in intensive care.

“In addition to the privacy provided by the new unit design, which helps patients get the rest they need to recover, there's lots of new equipment, like bed lifts and vital signs monitors, so we don't need to search for what we need,” says Michelle Dass, Registered Practical Nurse. “We can spend more time at the bedside with our patients.”

## Supporting family involvement

Family involvement in their loved ones' care is a significant factor in helping patients return home sooner.

The Thomson Centre's design supports hands-on caregiving. For example, visiting is easier in our spacious single- and double-occupancy patient rooms. Family members can also stay overnight on pull-out beds and heat home-cooked meals in the units' kitchens.

“My mom had someone visiting her every day and it was good that the hospital encouraged that,” says Tazim Hirji, whose mother was a patient here for several weeks. “Having space and privacy makes visitors want to stay longer. That improves the patient's mood and energy, which makes such a difference in healing.”

## Encouraging mobility

For patients who can venture beyond their rooms, lounges and corridor windows offer a change of scenery. The Moez & Marissa Kassam Food Court and Thomson Centre lobby are also popular gathering spots.

Access to nature has proven health benefits and our hospital offers this too. The Michael MacMillan & Cathy Spoel Terrace welcomes patients, visitors, hospital staff and volunteers to enjoy fresh air and sunlight. And the Huband Moffat Family Terrace will give mental health





patients a calming, safe outdoor space that can also be used for therapeutic activities.

## What's next

This fall, we'll bring outpatient paediatric services together in the new BMO Child & Youth Centre and make our Margaret Chambers Diagnostic Imaging Department more convenient and comfortable for patients who need X-rays, mammograms, MRIs and other scans. In 2026, you can also look forward to a landscaped community space and a new main entrance on Coxwell Avenue. ❤️

**Top: Dr. Carmine Simone, Vice President, Medical, Strategic Clinical Partnerships and Innovation, meets with a patient.**

**Bottom left: Michelle Dass, RPN, says the Thomson Centre's design enhances patient care.**

**Right: Emma Kelly, RPN; Alexander Smith, RPN; Yuri Suico, Clinical Resource Lead, ED and Sandra Millares, RN practise a code blue scenario in the Rands Family Simulation Centre.**

# Learning real-life skills in simulated scenarios

A code blue is called when a patient has a cardiac arrest with no vital signs. Every second counts.

Our doctors and nurses practise this life-and-death scenario and many others in our Rands Family Simulation Centre to ensure they respond swiftly and confidently.

"A code blue is organized chaos, very high-stress and fast-paced," says Yuri Suico, Clinical Resource Leader in our Stavro Emergency Department. "By improving our communication and teamwork, simulations help us provide the best possible care to our patients and community."

Simulations involve actual medical equipment and mannequins that mimic speech, pulse, breathing and bowel sounds.

"It gives clinicians a safe way to develop their skills and learn to work together without the fear that a mistake will hurt someone," says Ahmed Sayed, Interim Manager, Rands Family Simulation Centre.

In addition to resuscitation drills, clinicians use the simulation centre to keep their skills sharp for more common procedures such as intubations and catheter insertions.

"Many recent nursing graduates had limited clinical placements due to the pandemic," says Ahmed. "So the simulation centre supports clinical skills days where they can practise techniques and engage with our hospital protocols."

In its first six months, our simulation centre has helped 587 clinicians hone their skills. ❤️



# Innovation in the face of record demand for emergency care

With our Stavro Emergency Department (ED) serving a record-breaking 100,000 patients last year, several factors are contributing to demand, says Dr. Kyle Vojdani, Chief of our ED.

He notes East Toronto's growing population; the many residents without timely access to primary care and medical imaging; and the large number of seniors living alone without adequate support, among other factors.

Yet our emergency team has found novel ways to continue delivering great care with wait times that are below-average and declining.

## A nimble approach

To accommodate more patients, we've significantly increased ED clinical space by repurposing offices and other non-clinical areas.

Innovation has been a key piece of the puzzle. For instance, the ED launched its E-Booking Portal for Minor Injuries in 2022 to reduce wait times for people with possible sprains or minor broken bones.

Through a link on our ED webpage, people who don't require immediate emergency care can arrange same-day or next-day appointments for X-rays and assessments. The service was used nearly 2,300 times last year, with its popularity steadily rising.

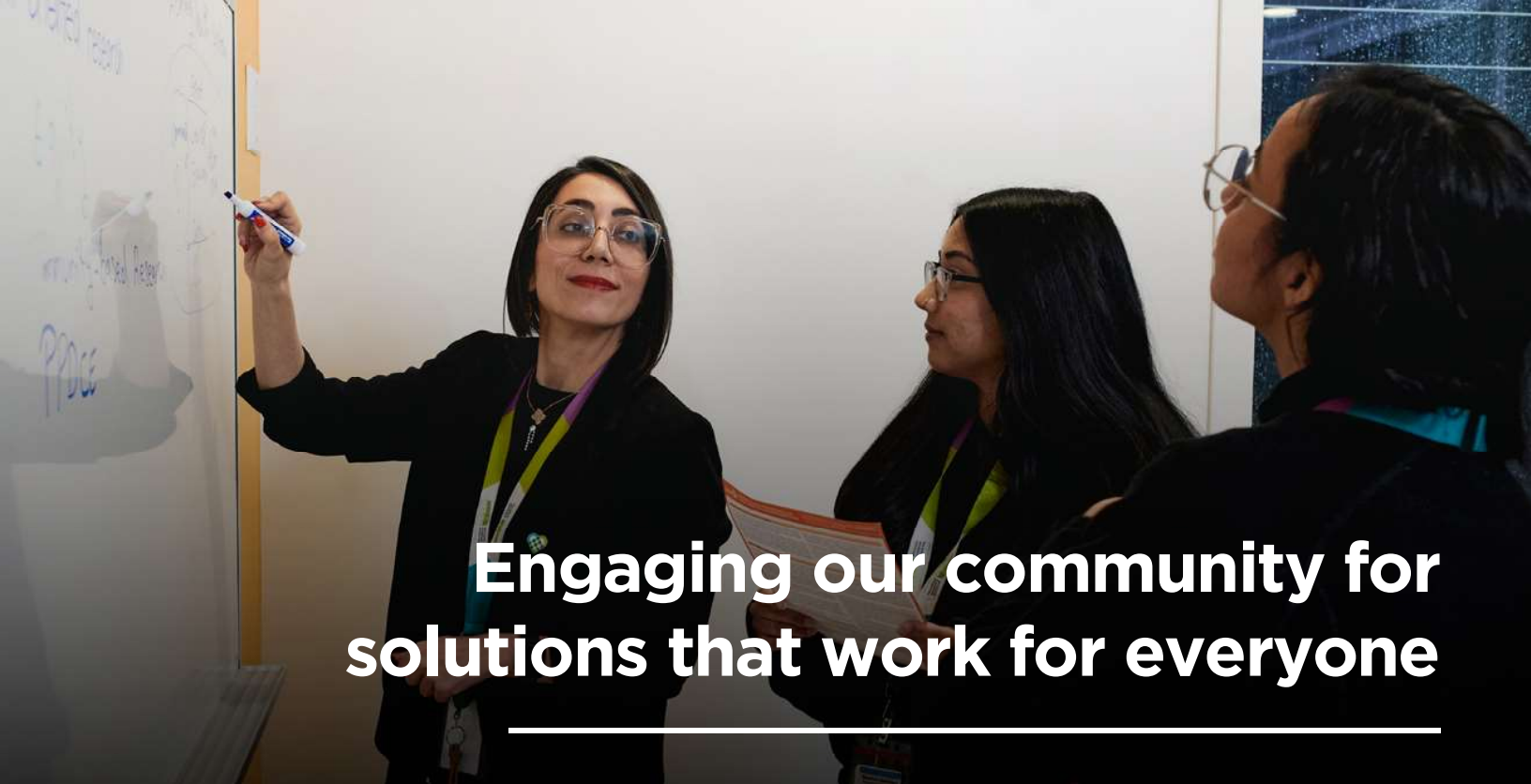
East Toronto resident Kelly Aizicowitz recalls her husband's experience with the portal when he badly sprained his ankle. "It took just over an hour for him to be seen, X-rayed and discharged. We feel immensely lucky to have such an amazing resource in the east end," she says.

Additionally, our Child and Youth Emergency Zone has cut wait times for younger patients and enhanced their experience. It features separate, family-friendly facilities and clinicians especially skilled in helping children and families cope with medical challenges. ♥

**Left: Dr. David  
Rosenstein, our ED's  
information technology  
lead, assesses a  
patient's injured wrist.**

**Right: Sara Shearkhani,  
PhD, Evaluation &  
Equity Scientist with  
Michael Garron Hospital  
and East Toronto Health  
Partners, collaborates  
with her team.**





# Engaging our community for solutions that work for everyone

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To ensure everyone in our community receives excellent healthcare, East Toronto residents are joining our clinicians and researchers in developing solutions for barrier-free access. A Canadian Institutes of Health Research (CIHR) grant – the first given directly to Michael Garron Hospital – was awarded to Sara Shearkhani, PhD, Evaluation & Equity Scientist with Michael Garron Hospital and East Toronto Health Partners, to advance this equity-driven approach.

“We care a great deal about health equity because marginalized people don’t have the same access to resources,” says Dr. Shearkhani. “Education, income, employment, gender, ethnicity and immigration status all play a role in people’s health and well-being.”

“Our hospital is deeply committed to delivering healthcare that is safe, efficient, equitable and trusted,” says Dr. Kelly Smith, Interim Chief Scientific Officer and Michael Garron Chair in Patient Oriented Research. “We’re excited to have CIHR support for Dr. Shearkhani’s team as they co-create an equity-centred research agenda with patients and community partners.”

## A community approach to uncovering barriers

Dr. Shearkhani also leads a related project that trains community members to conduct research surveys in the Thorncliffe Park and Taylor-Massey neighbourhoods. Similar to the approach used by Community Health Ambassadors who distributed COVID-19 testing and vaccine information, the surveyors focus on apartment buildings with large numbers of residents who frequently seek care from our Stavro Emergency Department. The surveys will uncover what prevents these residents from accessing primary care.

“We know there are issues in these neighbourhoods, but we need measurable data to develop and test solutions,” says Dr. Shearkhani. “Michael Garron Hospital is the first that I know of to train community members as researchers who gather information in efforts to improve the health of the local population.” ♥

## Dr. Paul Hannam Memorial Grant: Supporting advanced care

A highly respected emergency physician, mentor, family man and Olympian, Dr. Paul Hannam was Chief of our ED for over 10 years.

He was instrumental in building its team and pioneering its use of bedside ultrasound imaging. From diagnosing shock to guiding resuscitation of patients in cardiac arrest, ultrasound facilitates life-saving emergency care.

Today the Dr. Paul Hannam Memorial Grant furthers our commitment to excellence. As the inaugural grant recipient, Dr. Inderjeet Sahota is leading crucial ultrasound training for physicians and nurses in our ED.

# Paying it forward after cath lab care

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Following care that Zengqi Xu and his family received in our Cardiac Catheterization Lab, his daughter Julia Xu decided to support its expansion so that more patients can benefit from life-saving heart care.

The lab's team uses catheterization procedures to view the heart's coronary arteries from the inside and to open clogged arteries that can cause heart attacks.

Zengqi came here for a diagnostic procedure called an angiogram. Because he and his wife Aibo Ding don't speak English, Julia attends their medical appointments to help translate.

Julia was quite anxious leading up to the angiogram, but the kindness of Dr. Mohammad Zia, our Chief of Cardiology, and the entire cath lab team helped her feel at ease.

"We could tell everyone really cared," she says. "The whole process ran very smoothly."

The experience inspired Julia to donate generously toward our cath lab fundraising initiative, which will fuel construction of a second procedure room and a larger, more comfortable recovery area for patients.

The expansion will significantly increase the number of procedures we're able to perform, for a total of up to 3,000 annually. And it's a good thing, too, because our community has a high incidence of heart disease due to an aging population, lower income levels, elevated rates of diabetes and other risk factors. ♥

## Reinvesting in robotic-assisted surgery

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Among the advanced techniques used at Michael Garron Hospital, minimally invasive robotic-assisted surgery sets a gold standard. It's associated with less pain, fewer complications and shorter recovery times than traditional approaches requiring large incisions and more anesthesia.

Donors enabled us to acquire our da Vinci surgical robot in 2012. As an early adopter, we've become leaders in robotic-assisted surgery for prostate cancer.

With our robot nearing the end of its working life, we're fundraising for a replacement that will allow us to sustain a vital service for people in our community and those who travel long distances for our expertise.

Additionally, we'll bring the advantages of robotic-assisted surgery to more patients by expanding its use to lung and kidney cancers. ♥

# Giving from the heart

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Seeing our leadership during the pandemic, Adrian and Ange Rocca were moved to support our frontline staff. Their impact on our hospital and our patients has only grown since.

Adrian is the founder and CEO of Fitzrovia, the largest purpose-built rental developer in Canada. When the pandemic hit, he, Ange and the Fitzrovia team donated face shields to our hospital and a floral heart installation to show their appreciation to staff.

## Wide-ranging support

Fitzrovia has also sponsored several of our fundraising events, including the inaugural East End Eats in 2022. Organized by the Impact Council, event proceeds fuelled patient-focused enhancements in our Stavro Emergency Department.

Adrian and Ange then generously volunteered their time as Co-Chairs of the Laughter is the Best Medicine gala. Together with Co-Chairs Wahid and Sarah Amarshi, they helped make the 2023 gala our most

successful yet. Now they're teaming up with Co-Chairs Pauline Alimchandani and Michael Missaghie for our next gala on May 10, 2025.

In the meantime, Adrian and Ange are championing a number of new fundraising initiatives in support of our hospital.

## Investing in critical facilities

On top of all of this, the couple recently made an exceptional \$1 million commitment to help expand our Cardiac Catheterization Lab. By building greater capacity for life-saving procedures like angiograms, angioplasties and pacemaker implantations, this will allow us to meet high local demand for our services.

"Heart disease is consistently the leading cause of death among Canadians, so we're honoured to contribute to the expansion," says Adrian.

"As parents to four children whom we adore, we recognize how precious family time is even without health concerns," adds Ange. "The cath lab's focus is on early detection and treatment, enabling more patients to spend more time with their families – that fills our hearts." ♥



Left: Julia Xu with her parents Zengqi Xu and Aibo Ding.

Right: Adrian and Ange Rocca at Laughter is the Best Medicine.

# Caring for young people, within and beyond our hospital

Our community-based approach helps meet the growing need for mental health services for young people in East Toronto.



## A new home for our Child and Youth Mental Health Outpatient Unit

Supporting nearly 1,200 patients a year, our Child and Youth Mental Health Outpatient Unit moved to a bright new home in the K Wing this spring.

Part of our legacy building renovations, it includes classrooms, play areas, observation rooms and clinicians' offices. Services include psychiatric care, family therapy, an anxiety clinic, the Building Bridges program for school-avoidant teens, and our Nourished Pathways eating disorders program.

The new centralized layout encourages collaboration, says Dr. Krista Lemke, Medical Director, Child and Adolescent Mental Health Services. "The staff and teachers can share ideas more easily and the common spaces reinforce the feeling that we're all in it together," she says.

## Working with community partners

"From the beginning, our outpatient program was designed to be part of a community," says Dr. Lemke. "We work with our community partners to provide integrated mental health services for young people."

For example, through East Toronto Health Partners (ETHP), our hospital coordinates services with primary care providers and community representatives. Similarly, our clinicians consult with local school counsellors and social workers to help students whose mental health issues keep them from attending classes.

## Generous support sustains vital programs

Donor generosity is vital to our mental health programs for children and youth. Case in point: our Transitional Youth Program, which helps young people navigate

# Collaborating to support youth mental health

Young people aged 16-29 in East Toronto experiencing complex mental health and substance use challenges will soon benefit from personalized support services, thanks to a generous \$1.7 million contribution from The Slight Family Foundation.

Developed by Michael Garron Hospital and WoodGreen Community Services and scheduled to begin

serving youth this summer, a dedicated outreach team will bridge the gap in accessible, ongoing care. Comprised of an intake coordinator, youth support specialist, peer support workers, psychiatrist, counsellors and a supervisor, the multidisciplinary team will work together to enhance the long-term health of young people and reduce reliance on emergency and inpatient mental health care.



## Child and Youth Mental Health Outpatient Unit

their move to adult mental health services, is currently sustained by philanthropic funding from Sun Life. A gift from the Dr. Wolf Lebovic Charitable Foundation gave it an additional boost this year.

“Together we’re helping youth find their way in the often bewildering mental health system, at a time in their life when they might not know where to turn,” says Dr. Lemke.

As one client shared, “it makes me feel like I’m not alone even on the darkest of days.”

The Transitional Youth Program has reduced emergency department visits for mental health care by 72%. Two peer support workers joined the team this year, expanding its capacity to help young people.

They will focus on individuals often marginalized as “too complex” for conventional treatment. This includes youth grappling with severe anxiety, post-traumatic stress disorder, emerging personality disorders and the early signs of psychotic disorders – individuals at heightened risk of developing entrenched mental health and/or substance use conditions without intensive intervention.

Operating alongside WoodGreen’s Youth Wellness Centre on the Danforth, the outreach team will provide support in diverse settings, including homes, in the community, virtually or on-site, according to the needs of youth. Adopting an intersectional approach and developed with input from a youth advisory council, the outreach service aims for inclusivity.

“Close collaboration between Michael Garron Hospital and WoodGreen has been pivotal in



## Reaching young people in their neighbourhood

Operated by EHP, the new Thorncliffe Park Youth Wellness Hub joins the Toronto East Youth Wellness Hub on the Danforth in offering convenient access to mental health services, primary care, employment support and more.

With no health cards or physician referrals required, the hubs make it easy for local youth to get the help they need. At Thorncliffe Park, there’s a games room and a clinicians’ exam room, both funded by donor generosity. Aliya Tahir, Intake and Referral Worker, says the hub is particularly busy when school lets out.

“Everything young people want to do, they can do here,” she says. “Youth seeking mental health support also access employment assistance, engage in recreational activities and participate in drop-in programs. The hub is a place for self-discovery and shared experiences that help young people thrive.” ♥

developing the outreach team,” says Andre Cooper at WoodGreen, the team’s supervisor. “We envision our team as a beacon of hope, offering transformative opportunities and nurturing resilience among youth.”

Gary Slaight, President and CEO of The Slaight Family Foundation, notes that “funding for mental health initiatives doesn’t just improve lives; it strengthens our entire social fabric.” His foundation’s investment is part of a broader \$26.5 million donation to 19 organizations aiding youth mental health. ♥

**Top left: Dr. Krista Lemke, Medical Director, Child and Adolescent Mental Health Services**

**Top right: Staff at Thorncliffe Park Youth Wellness Hub provide access to mental health services and other support.**

**Bottom: Andre Cooper of WoodGreen Community Services is the youth outreach team’s supervisor.**

# Improving the hospital experience for elderly patients

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## When HELP is needed: enhancing care for seniors



During his mother's time in hospital following a stroke, Allen Holmes saw that more had to be done to keep elderly patients engaged and active, particularly if they were showing signs of dementia. He decided to bring about change by volunteering and joining us as a donor.

"Improving daily care for the elderly with activities and opportunities to socialize is a cause that's close to my heart," says Allen. "I'm very happy that my donation makes a more stimulating experience possible for these patients."

When hospital stays disrupt their regular routines and social interactions, patients aged 65 years and older face an increased risk of delirium and functional decline. This can lead to other health complications and a loss of independence.

Thanks to Allen's contribution, our hospital is launching the Hospital Elder Life Program (HELP). Overseen by clinical staff, trained volunteers will visit older patients on our medicine unit, engaging them in conversations and activities that boost mental clarity and encourage gentle movement. HELP will be expanded to other units in the future.

Used in hospitals worldwide, HELP contributes to shorter hospital stays and better quality of life by reducing the incidence of delirium and falls.

"My colleagues and I are excited to bring HELP here, to holistically support the needs of our older patients, decrease their risk of delirium and enhance their overall experience at Michael Garron Hospital," says Rosie Sears, Behavioural Specialist. ♥

## Nurse-led research improves care for patients living with dementia

Older people who experience heart attacks, strokes or other acute health issues are increasingly likely to have dementia too. During her time as a cardiac nurse, Angel Wang saw first-hand how more education on dementia could enhance care.

"People living with dementia often experience communication and memory challenges which can be emotionally distressing for them and for their caregivers. Unfortunately, dementia care isn't covered comprehensively in the nursing curriculum," says Angel, who is now Corporate Professional Practice Leader and Manager, Nursing Innovation and Academic Affairs.

To address this, she began developing a curriculum with her colleagues. A gift from the estate of Alexander Ross accelerated their progress. Fifty nurses – nearly double the anticipated number – enrolled in preliminary workshops. Results showed these sessions significantly enhanced participants' understanding and confidence in caring for patients living with dementia.

Last November, Angel and her team presented findings at the Canadian Conference on Dementia.

"This study highlights the value of nurses' perspectives," says Angel, who hopes to offer the workshops regularly. "Nurses are innovative. We have direct experience of the challenges at the point of care, so we're well-positioned to find solutions." ♥



# Donor dollars at work

Donors help ensure our teams are equipped to provide great care for patients who need us. Here's a look at some of the items you helped make possible over the last fiscal year.

## Electrocardiogram (ECG) machines

Twenty-three state-of-the-art ECGs are now aiding patients in our Cardiology Integrated Unit (CIU), Stavro Emergency Department, Intensive Care Unit and other areas throughout our hospital. An ECG records electrical signals in the heart to show how fast or slow it's beating.

ECG results can help save lives by informing diagnosis of an irregular heartbeat, as well as a current or previous heart attack. "They're very modern, functional and easy to operate," says Wei Wei, Registered Nurse in our CIU.

## Orthopaedic surgery tools

If you've had a knee replacement, shoulder surgery or any type of orthopaedic surgery to get you moving again, then your surgeon likely used specialized tools such as drills and saws. Drills efficiently create holes in bone for screws and pins, while saws precisely cut bone to remove damaged or excess tissue.

## Rapid fluid infuser

For intensive care patients who have suffered life-threatening blood loss, even small decreases in body temperature can delay recovery and place them at risk for infection. This makes it important to warm intravenous fluids. A rapid fluid infuser heats blood products and other liquids with precision so they can be administered through IV quickly and safely.

## Central monitoring system (CMS)

Youth with heart issues, eating disorders, respiratory diseases and other conditions require continuous monitoring. To support this, a new CMS in our Paediatric Inpatient Unit displays vital signs for each patient on the unit. It helps staff intervene quickly when patients' vitals change significantly.

## Anesthesia equipment upgrades

Major abdominal, chest and head surgeries are only possible under general anesthesia, which keeps patients from feeling pain. Our teams use anesthesia machines to deliver a mixture of anesthetic drugs during surgery and to monitor patients' vital signs.

We have extended the working life of 16 anesthesia machines in our operating rooms and Family Birthing Centre by upgrading their patient monitors and related software.

**Top left:** Daily excursions with their dog, Duba, were among the activities Allen Holmes enjoyed with his mother, Della, before her stroke.

**Bottom left:** Angel Wang, Corporate Professional Practice Leader and Manager, Nursing Innovation and Academic Affairs.

**Right:** Wei Wei, RN, stands with one of our new ECG machines.

# The heart of the east thanks you

Your generosity enables Michael Garron Hospital to deliver great care inspired by community. The impact of donations is seen and felt by our patients, their families and our team members.

While it's impossible to name all our donors in these next pages, we hope you see yourself in our progress. Our work is the truest expression of our gratitude for your investment and confidence in us.

## CUMULATIVE GIFTS

*This list represents donors whose cumulative lifetime commitments total more than \$250,000 as of March 31, 2024*

### \$50,000,000+

Myron & Berna Garron

### \$10,000,000 - \$24,999,999

Peter & Diana Thomson

### \$5,000,000 - \$9,999,999

FDC Foundation  
Volunteer Services to the Michael Garron Hospital  
The late Dr. William & Phyllis Waters

### \$1,000,000 - \$4,999,999

The Zeena & Farid Amarshi Family  
BMO Financial Group  
The Borough of East York  
Dr. Allan & Helen Carswell  
Carswell Family Foundation  
Estate of Leonard Richard Catford  
Estate of Margaret Georgina Chambers  
Ralph & Rose Chiodo Family  
CIBC  
City of Toronto  
Estate of Harry Compton  
The Dewji Family  
Estate of James Glen Greenaway  
Estate of Charles Edward Hebert  
Huband Moffat Family  
Moez & Marissa Kassam Foundation  
Neo Azad Foundation  
RBC Foundation  
Ange & Adrian Rocca  
Dr. Margaret (Molly) Rundle & Stephen Lister

Scotiabank  
The Slaughter Family Foundation  
Steve & Sally Stavro Family Foundation  
Steel Canada Resources Ltd  
TD Bank Group  
Tripp / Smith Family Foundation  
Anonymous (2)

### \$500,000 - \$999,999

Estate of Illa Bielby  
Helen & David Eastaugh  
EllisDon Corporation  
The Hon. William & Catherine Graham  
Estate of Wendy Catherine Hunter  
Dr. M. Jane Kettles & the late Dr. Les Urbankiewicz  
Kevin & Mandi Kimsa  
Michael MacMillan & Cathy Spoel  
Adrienne & Douglas Mahaffy & Family  
Sydney & Yvonne McMorran  
Estate of Willa June Ribchester  
In loving memory of Paul Rodwell  
William & Meredith Saunderson  
Shoppers Drug Mart Corporation  
Sun Life  
Mark & Sarah Wellings  
Anonymous (1)

### \$250,000 - \$499,999

Dr. John Abrahamson & Marlene Greenberg & Family  
Agnico Eagle Mines Limited  
The Arnett Family  
J.P. Bickell Foundation  
The Bickle-Wilder Foundation  
Estate of Frank Hilding Carlson  
Marilyn Carruthers  
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The Di Marco Family  
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The Globe and Mail  
Robert Goodall & Leontine Major  
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Estate of John David Heraud  
The late Richard M. Hogarth  
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Estate of Gordon Stephen Ing  
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Peter & Allison Jelley  
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The Kirkwood Family in memory of Ian Kirkwood  
The late Saul M. Korman & the late Myrna Korman  
The Lawson Foundation  
The Dr. Wolf Lebovic Charitable Foundation  
Bill MacKinnon  
Terry & Sue Maloney  
Manulife  
Estate of Dorothy McLain  
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Estate of Ernest McQuillan  
Estate of Lawrence Bert Morgan  
Estate of Laura Rozetta Ray Mosley  
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The Printing House Limited, Janice & Earle O'Born  
Osler, Hoskin & Harcourt LLP  
Estate of Robin Eleanor Parmeter  
Larry & Judy Phillips  
Randa Canada Ltd  
Estate of Alvin Harry Seward  
Estate of Violet Skene  
Estate of Laura Winifred McDonald Thompson  
Unit Park Holdings Inc.  
Estate of Margery J. Warren  
Anonymous (3)

## GIFTS RECEIVED

*This list represents cumulative gifts totalling \$1,000+ made between April 1, 2023 and March 31, 2024*

### \$1,000,000 - \$4,999,999

Myron & Berna Garron

### \$500,000 - \$999,999

Estate of James Glen Greenaway  
The Slight Family Foundation  
Anonymous (1)

### \$250,000 - \$499,999

The Dr. Wolf Lebovic Charitable Foundation  
Tripp / Smith Family Foundation  
Anonymous (2)

### \$100,000 - \$249,999

BMO Financial Group  
Ralph & Rose Chiodo Family  
CIBC  
The Dewji Family  
Helen & David Eastaugh  
EllisDon Corporation  
Doug & Toni Farley & Family  
Fitzrovia  
Winnie & Murray Gainer  
Dr. Margaret (Molly) Rundle & Stephen Lister  
Estate of Josephine Ruth Jenkinson  
Moez & Marissa Kassam Foundation  
Estate of Alexander Ross  
Scotiabank  
Estate of John Shepherd  
Sun Life  
TD Bank Group  
Anonymous (1)

### \$50,000 - \$99,999

The Zeena & Farid Amarshi Family  
Arthrex, Inc.  
The Bickle-Wilder Foundation  
Marilyn Carruthers  
Colliers International  
Edwards Charitable Foundation  
In memory of Kitty Margaret Gafney  
Robert Goodall & Leontine Major  
Anne Gray  
Allen J. Holmes  
J.P. Bickell Foundation  
Dr. M. Jane Kettles & the late Dr. Les Urbankiewicz  
Kevin & Mandi Kimsa  
Margaret Helen Miller Foundation  
Estate of Carol A. Milner  
Steve & Sally Stavro Family Foundation  
Steel Canada Resources Ltd

### \$25,000 - \$49,999

Dr. John Abrahamson & Marlene Greenberg & Family  
The Atkins Family  
Brunswick Bierworks  
Diamond Kilmer Developments  
The Di Marco Family  
Flamingo Foundation  
Estate of Walter Green  
HLS Therapeutics Inc.  
iA Financial Group  
Terry & Sue Maloney  
Masters Insurance Limited  
Metropia  
Muti Kitchen + Bath  
Stephanie & David Picton  
The Rands Family  
RBC Insurance  
Jeff & Freda Rout Foundation  
Estate of Nancy Sinclair

State Window Corporation  
Dean Summerville  
Unit Park Holdings Inc.  
Lin Sha Xu & Family  
Anonymous (2)

### \$10,000 - \$24,999

407 ETR Concession Company Limited  
A-1 Design Lock & Security Systems Inc.  
Ram Amarnath & Meera Shah  
The Arnett Family  
Atrium Mortgage Investment Corporation  
Geoffrey Beattie & Amanda Lang  
Cerise Fine Catering  
Ron Choudhury  
The Christodoulou Family  
Citi  
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Dr. Thomas Crocker  
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Gardiner Roberts LLP  
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GIP Green Infrastructure Partners Inc.  
Bob & Mary Gore  
The Graff Family  
Guardian Capital Group Limited  
Hazelview Property Services Inc.  
John & Barbara Hepburn  
Hogarth Family Foundation  
Huband Moffat Family  
Martin Hubbes & Suzanne Trudel

## Golf Classic: A successful (and soggy!) day on the links

Spirits were up despite heavy downpour at the 2023 Michael Garron Hospital Foundation Golf Classic. Presented by EllisDon, the tournament raised \$315,000 for our hospital's most pressing needs. As part of this, \$17,000 will help outfit our BMO Child & Youth Centre with chairs, exam tables and diagnostic equipment to give young patients a more comfortable experience.

"I was blown away by the enthusiasm and generosity of our event sponsors and participants," says Stephen Giamos, Chair of the Golf Classic. "They didn't let the weather stop them from stepping up to champion the great care our hospital provides."



The weather didn't deter our golfers, including Stephen Giamos, Chair of the Golf Classic, Landon Fletcher, Waylon Karr and Drew Paton.

## A sweet source of community support

“Connecting people with their community is an important part of being a neighbourhood business. Supporting our local hospital is a natural outgrowth of that.”

When Eric Chow launched Good Behaviour with Michael Lam in 2021, they were squarely focused on keeping their online ice cream shop afloat. Now with three locations and an expanded menu, they’re giving back to the community that supports their success. That includes showing their love for our hospital. For instance, in February they donated proceeds from ice cream sales.

Eric was born at our hospital, as was his daughter. Visiting our Stavro Emergency Department this year, he saw first-hand why support is needed.

“My experience there showed me how many people in our community rely on Michael Garron Hospital,” he says. “That’s why it’s important to do what we can to help.”



Good Behaviour co-owners Eric Chow and Michael Lam.

Islamic Society of Toronto  
In memory of Cruz Loman Ison  
Peter & Allison Jelley  
O. Jensen  
Judy Keefe & the late Michael Keefe  
Rick & Michelle Keilhauer  
John King  
The KPMG Foundation  
Dr. Valerie Lemieux  
Jonathan Maier  
Guy Manuel  
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Lovisa McCallum  
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Staff Association  
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Torys LLP  
Natasha vandenHoven & Stephen  
Raymond  
Estate of Joanne Patricia Wheeler  
The Family of Dr. Eldon Williams  
Courtney Wilson & Aaron Fransen  
Dr. Kevin Workentin  
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### \$1,000 - \$9,999

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Mary-Ellen Anderson  
Karen & Brian Annis  
Varoujan Arman  
Susan M. Armstrong  
Andrew Ashenhurst  
Keith Avery

Parmjit Bains  
Ravina Bains  
Nancy Baker & Richard Shallhorn  
Mamata Datta Banik & Joyanta Banik  
Mark Bank  
Shirley Banks  
Frank & Sue Banwell  
June & Bruce Barker  
Vernis Barnwell  
Elgin A. Barrett  
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Susan Bassili  
Robert R. Bauer  
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Joan Beaton  
Graham Beer & Linda Donnan  
Rob & Nancy Bell  
Vincenzo Bellino  
Caroline Bell-Ritchie & Raymond  
Ritchie  
Ben's Pharmacy  
Scott G. Bere  
Filmon Bereket  
Jennifer Bermingham & Andrew  
Willis  
Dr. Paul E. Bernick  
Betty Best  
Susannah Biggs Family Fund  
Alan & Alison Bird  
Birnie Electric  
Fatma Bobat  
C. George Boisvenue  
Stephen W. Bowman  
Boyden  
Sandra L. Brazel & Dr. Rajiv K. Singal  
Brewers Retail Inc.  
Quentin & Dianne Broad

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| Donald Brown                                              | Bill Davison                                 | Yvonne Goudswaard                                |
| Sheila Brown & Doug Guzman                                | The Dawson Family Sharing<br>Foundation      | Elyse Graff                                      |
| Steven E. Brown                                           | Dawson Partners                              | Keith Graham                                     |
| Manuel Buchwald                                           | Susan & David Debono                         | Laird Grantham                                   |
| Cindy & K.J. Bush                                         | Deloitte                                     | GreekTown on the Danforth BIA                    |
| Business Systems                                          | Mark De Pencier                              | The Buzz & Vicki Green Family<br>Foundation      |
| Jean Byers                                                | Irene Derzay                                 | Robin Green                                      |
| Roger Bywater                                             | Detailz Inc.                                 | Madeleine Greey                                  |
| Brendan & Mary Calder                                     | Elizabeth A. Devenish                        | Ennio Gregoris                                   |
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| Graham & Marian Carter                                    | Randy Dufour                                 | Roland Haines                                    |
| The Casimiro Family                                       | Valerie Dunlop                               | Mark Hallman                                     |
| Celena's Bakery                                           | Durno & Shea Barristers & Solicitors         | Suellen Hanet & Robert Colson                    |
| Claudio Cerrito                                           | Ghazi Durrani                                | Mary L. Harris                                   |
| Dr. Larry Chad                                            | Greg Edmonds                                 | Robert Harris                                    |
| Stephanie E. Charal                                       | Kevin Edmonson                               | Geoff Hartley                                    |
| Valerie Charnish                                          | Sheldon Ehrenworth                           | Jane Harwood                                     |
| Su Lin Chen                                               | Alexander Elias                              | Doreen M. Haveman                                |
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| Joseph Cheung                                             | Mark Elward                                  | Haywood Securities Inc.                          |
| Rosaline Cheung                                           | Engineering Link Inc.                        | Dawn Henville                                    |
| Lido Chilelli                                             | EQ Bank                                      | Bram Herlich                                     |
| Olivia Chin                                               | Equipment Sales & Services Ltd.              | Maurice & Irma Hibbard Family<br>Charitable Fund |
| Swire C. M. Chin                                          | Dr. Christine Erlich                         | Alan Hibben                                      |
| Dr. Martin Chisvin                                        | Boyd Erman, Sarah Gingrich & Family          | Betty & Aubrey Hicks                             |
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| Sarah Chow & Family                                       | Evelyn & Kurt Charitable Foundation          | James Hill                                       |
| Sik-Chun (Jimmy) Chow                                     | Margaret Everson                             | Joanne Hodder                                    |
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| Allan T. Cobb & Family                                    | Dr. Ivor M. Fleming                          | Paul & Maila Iacono & Family                     |
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| Jeremy & Jo-anne Cole                                     | Fong Lam Homes Fund                          | Audrie Ingram                                    |
| Jennifer Collins                                          | Barbara D. Forsyth                           | Naresh Jain                                      |
| Connor, Clark & Lunn Financial Group<br>Ltd.              | Tupper Foster                                | Jajo Jajo                                        |
| Cormark Securities Inc.                                   | Yona & Zev Frishman                          | Mark Jamrozinski                                 |
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| Dr. Jamie Cyriac                                          | Richard Gibbon                               | Betty Joe                                        |
| Adrianna Czornyj                                          | Marcus Gillam                                |                                                  |
| Shelley Darling & Mark Henderson                          | Gordon A. Brown Middle School                |                                                  |

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David & Joyce Johnson  
Donald Johnson, O.C. & the late Anna McCowan Johnson  
Joan Johnson  
Brian & Betsy Jones  
Tina Jordanides  
Dr. Santosh S. Kanjeekal  
Dr. Sebastian Karavattathayil  
Dr. Marcus Kargel  
Tarmo Karvonen  
Ai Katsura  
Harrison Keenan  
Dr. John S. Kell  
David Kennedy  
The Kenny Family  
Norman Kerr  
Karen Kerry  
Fazlur Khan  
Sarah Khan  
Ed & Ann King  
James King  
Barbara Kinnear  
Carol D. Kirsh  
Dr. Latiff A. Kitchell  
Kiwanis Club of Riverdale  
Wolf Klassen  
Melanie & Aaron Kohn & Family  
Samuel Kolber  
Mitchell L. Korman  
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Eileen Lackie  
John Lahey  
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Dr. Desmond Lam  
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Dr. Sheila Laredo  
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Lax O'Sullivan Lisus Gottlieb LLP  
LEA Consulting Ltd.  
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Jeff & Signe Leisk  
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Francis Leverett  
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Judythe Little & Donald Fraser  
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Mary Lovett & Jack Gibbons  
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Gerry McGhee  
Michael & Andrea McGhee  
James Mckeown  
Sean McKinnon & Chantal Wiggins  
McKinsey & Company Canada  
Sydney & Yvonne McMorran  
Stephanie Meredith  
Phil & Sheila Meretsky  
Anthony Messina  
Stephen Meurice & Barbara Petek  
Aldenhams & Shirley Miller  
Rhys Mohun  
Shannon & Wes Moon  
Barbara Moran  
James Morrison  
Dr. Philip L. Morton  
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Pan-Thracian Society of Ontario  
Mahedi Pardhan  
William Pashby  
Kruti Patel  
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Jonah Peranson  
Dr. Marty Perlmutter  
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Heather Ritchie  
Margot L. Ritchie  
Giorgio & Amanda Riva  
Allan Robinson  
Clive W. Robinson  
In loving memory of Paul Rodwell  
Jennifer Rood  
Drs. David & Karen Rosenstein  
Gary J. Rothwell  
Anna Roussakis  
Lilian Rowe  
Roynat Capital  
Dr. Jennifer Russel  
John Russo

## East End Eats: Giving back to their community hospital

The Impact Council – a group of young professionals who fundraise for our hospital – did it again! Their second installment of East End Eats brought 200 supporters together to enjoy tasty food and drink pairings in the Queen and Broadview area. Presented by Toronto Honda/Toronto Kia, the event raised over \$65,000 for equipment and training on trauma-informed care for our Obstetrics and Gynaecology Department.

“Michael Garron Hospital serves all of us so well, and it’s exciting to bring our community together to give back,” says Lea Matulovic, Impact Council Co-chair.



At East End Eats: Impact Council members Lea Matulovic, Teddy Jarrett, Ariana Mussato and George Tory with Dr. Jihad Abouali, an orthopaedic surgeon at Michael Garron Hospital.

Jacqueline Ryan  
S+C Partners LLP  
Angela & Alan Sadegursky  
Helene M. Saganski  
Georgina Saliba  
Salit Steel  
Isabel M. Santos  
Paul & Carol Satura  
Pauline Savoie  
S. Seto  
Anne Shabaga  
Dr. Adil Shamji  
Shyam Shankar  
Firoz Shariff  
Cameron Shaw  
Wayne E. Shaw & Marilyn L.  
Pilkington  
Marianne Sheshko Haines  
David Shory  
Dr. Nausheen Siddiqui & Naveed  
Mohammed  
Kumar Sidhartha  
Dr. Wrensford Simmonds  
Dr. Carmine Simone  
Dr. Neera Singal  
Dr. Roland Skrastins  
David Smith  
Donna Smith  
Peter & Deborah Snucins & Family  
Lily Sookdeo  
Sotos LLP  
Linda Soudack  
Sarah Sparrow  
St. Thomas Developments Inc.  
Helen Stadnyk  
Dr. Catherine A. Steele  
Pamela Steer  
Floyd Stern  
Sherri Stevenson  
Lindsay Stiles  
David & Diana Stinson

Beverley Stone  
Paul Strain  
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Stretch Thrift Outlet  
Ruth Sugawara  
Troy Summerville  
Hung-Ming (Chloe) Sung  
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Carolyn Taylor-Watts & the late  
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Richard G. Williams  
Yee Wo & Sau Fan Chan  
Anne Wojtak  
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Charitable Foundation  
Dr. Brenda T. Woods  
Douglas & Beverly Woods  
Lena Yam  
Benjamin Yousif  
Dr. Catherine Yu  
Jiang-Yuan Zheng  
Anonymous (8)

## TRIBUTE GIFTS

*This list represents cumulative tribute gifts of \$1,000+ received between April 1, 2023 and March 31, 2024*

## IN MEMORY OF

Jim Cannon  
Michael Smudge Chaters  
George Cressos  
John Evans  
Jean Choi Chun Gee  
Anthony Golding  
Dr. Paul Hannam  
John Hodder  
Yuk Ying Hui  
Ky Sieng Huynk  
CF Joe  
Rita King  
Athina Kraikos  
Sik Kwan Lo

## Giving back to help make the world better

“We need to reach out and help wherever we can, to make the world a better place.”

Marie Tulley knows her late husband, Basil “Buzz” Savage, would have agreed with her decision to support Michael Garron Hospital. She made generous donations in honour of Dr. Carmine Simone and Leila Travaglini in gratitude for the comfort and care they offered Buzz. She’s also planning a future gift in her will.

“After the positive experience we had, I asked myself, how can I leave something behind that makes the world a little better than we found it? My bequest isn’t going to change the world, but it will support change,” says Marie. “Michael Garron Hospital is doing so much. This is a way we can give back so it can do even more.”



Marie Tulley is a member of our Joseph H. Harris Legacy Circle.

Scott Lyall  
Sherry McAlpine  
Raymond Pittman  
John Rhind  
Filipe Ricardo Santos  
Jan Shalla  
Sally Stavro  
Kengo Sugawara  
Rick Visconti  
Marjorie Wale  
Yee Wan Lee  
Gordon Watts  
Wing Pun Yu

### IN HONOUR OF

Dr. Negar Ahmadi  
Sally Alimo-ot  
Dr. Roseann Andreou  
Amalia Arman  
Dr. Paul E. Bernick  
Dr. Corey Bricks  
Dr. Justues Chang  
Dr. Martin Chisvin  
Dr. Stephen Chow  
Dr. Robert Ciccarelli  
Dr. Rhiannon DaCosta  
Dr. Noah Ditkofsky  
Dr. Brooks Fallis  
Dr. Sayf Gazala  
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Laura Istanboulian  
Stephanie Janisse  
Dr. Marcus Kargel  
Dr. Ha-Yeon Kim  
Mikki Layton

Dr. Matthew Lee  
MGH Cardiac Department  
MGH ICU Department  
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MGH Palliative Care Department  
Joshua Panganiban  
Dr. Nicolae Petrescu  
Dr. Amandeep Pooni  
Rayhan Quraishi  
Dr. Najib Safieddine  
Soledad Silencieux  
Dr. Rajiv K. Singal  
Dr. Craig A. Sokoluk  
Dr. Angela Stone  
Dr. Andrei Vagaon  
Dr. Michael Warner  
Dr. Mohammad Zia

### JOSEPH H. HARRIS LEGACY CIRCLE

*Named after the hospital's founder, the Joseph H. Harris Legacy Circle honours individuals who have arranged a future gift (gift in will, life insurance or RRSP/RRIF designation) in support of Michael Garron Hospital*

LeeAnn Acton  
Frederick, Milka & Cynthia Antonopoulos  
Susan M. Armstrong  
Elizabeth Ballesteros Heusel  
Yolanda Bronstein  
Laura Byl  
Brian & Diane Coggins  
Susan & David Debono  
Elizabeth Devenish, TEGH Nursing Class of 1973  
Christine Driver  
Richard Eglinton & Anita Vézina  
The late Margaret & David Ellis  
The Robert Francis Family

Gary F. Grant  
Mary L. Harris  
O. Jensen  
Joyce Ann Johnson & John David Johnson  
Brian & Betsy Jones  
Dilys Jones  
Carol D. Kirsh  
Steve & Lisa Lemon  
Hilary Linton  
Wayne D. MacLean  
Tim & Jane Marlatt  
Sydney & Yvonne McMorran  
Isobel Mentall  
Stephanie Meredith  
Shannon & Wes Moon  
Barbara-Anne Morton  
Mitze Mourinho  
Natalie Maria Muccioli Emery  
Clare Olmstead  
Debbie Owen  
The late Andreas & Ioanna Panayides (Payne)  
Aileen A. A. Pollock  
The late Paul Prevost & Barbara Morgan  
Lilian Rowe  
Gareth Seltzer in honour of Mark Seltzer  
William & Janet Small  
In memory of James Stark  
Wayne & Susan Summerville  
Ann D. Sutton  
Douglas Albert Taylor  
The Tripp / Smith Family  
Frank Tulipano & Joanne Neglia  
Marie Tulley; Buzz Savage  
Teresa E. Vasilopoulos  
Lou Vigoda, in memory of my late wife Lilyan & in honour of Dr. Lawrence Weisbrod  
Douglas & Beverly Woods  
Joan Woolever  
Anonymous (75)

# Governance

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Our board members are accomplished leaders in business, healthcare and the community. Throughout the year, they provide governance and counsel to advance our shared mission. Heartfelt thanks to these esteemed volunteers for all their time, talent and their generous donations.

## MICHAEL GARRON HOSPITAL

### Board of Directors

#### Chair

Lovisa McCallum

#### Vice Chair

Catriona Read

#### Directors

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Carol Chiu  
Imogen Coe  
Douglas Farley  
Thomas Hofmann  
Michael Holder  
Leah Myers  
Dr. Moez Rajwani  
Alexander (Sandy) Rhind  
Pamela Steer  
Jennifer van der Valk  
Natasha vandenHoven  
Niranjan Vivekanandan  
Michael Williams

#### Ex Officio

Dr. Linda Dvali  
Betty Hicks  
Dr. Muneesh Jha  
Melanie Kohn  
Dr. Sheila Laredo  
Mikki Layton  
Eric Tripp

## MICHAEL GARRON HOSPITAL FOUNDATION

### Board of Directors

#### Chair

Eric Tripp

#### Secretary

George Tory

#### Directors

LeeAnn Acton  
Nadine Ahn  
Pauline Alimchandani  
Caroline Bell-Ritchie  
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Quentin Broad  
Dave Casimiro  
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Adrianna Czornyj  
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Dr. Sheila Laredo  
Sean McKinnon  
Susan Rimmer  
Adrian Rocca  
Jacqueline Ryan  
Dr. Rajiv Singal  
Courtney Wilson  
Dr. Catherine Yu

#### Ex Officio

Melanie Kohn  
Mitze Mourinho  
Lovisa McCallum  
Dr. Linda Dvali  
Betty Hicks

# Financial highlights



## HOSPITAL FINANCIAL HIGHLIGHTS FOR THE YEAR ENDED MARCH 31, 2024

The following information is taken from Michael Garron Hospital/Toronto East Health Network's audited financial statements, which are available upon request.

### STATEMENT OF REVENUE AND EXPENSES (IN \$000'S)

|                                                         | 2024           | 2023           |
|---------------------------------------------------------|----------------|----------------|
| <b>Revenue</b>                                          |                |                |
| Government agencies                                     | 351,534        | 318,422        |
| Patient income                                          | 23,653         | 22,193         |
| Amortization of deferred capital grants and donations   | 17,587         | 11,010         |
| Other votes programs                                    | 16,277         | 13,196         |
| Other income                                            | 14,912         | 13,475         |
| Interest income                                         | 1,532          | 1,399          |
| Research                                                | 592            | 223            |
|                                                         | <b>426,087</b> | <b>379,918</b> |
| <b>Expenses</b>                                         |                |                |
| Salaries, wages and employee benefits                   | 278,565        | 257,067        |
| Other supplies and expenses                             | 67,639         | 58,989         |
| Equipment and building amortization                     | 26,969         | 19,956         |
| Medical and surgical supplies                           | 18,300         | 16,684         |
| Drugs                                                   | 17,950         | 13,803         |
| Other votes programs                                    | 16,277         | 13,196         |
| Research                                                | 592            | 223            |
|                                                         | <b>426,292</b> | <b>379,918</b> |
| <b>Deficiency of revenue over expenses for the year</b> | <b>(205)</b>   | <b>—</b>       |

## FOUNDATION FINANCIAL HIGHLIGHTS FOR THE YEAR ENDED MARCH 31, 2024

The following information is taken from Michael Garron Hospital Foundation's audited financial statements, which are available upon request.

### STATEMENT OF FINANCIAL POSITION

|                                        | 2024              | 2023              |
|----------------------------------------|-------------------|-------------------|
| <b>Assets</b>                          |                   |                   |
| Cash                                   | 2,886,587         | 9,687,331         |
| Short term investments                 | 24,991,583        | 23,151,379        |
| Accounts receivable                    | 52,985            | 124,810           |
| Prepaid expenses                       | 89,475            | 659,767           |
|                                        | <b>28,020,630</b> | <b>33,623,287</b> |
| Capital assets                         | 202,493           | 203,926           |
| Long term investments                  | 1,023,997         | 864,121           |
|                                        | <b>29,247,120</b> | <b>34,691,334</b> |
| <b>Liabilities</b>                     |                   |                   |
| Current liabilities                    |                   |                   |
| Accounts payable & accrued liabilities | 651,033           | 641,131           |
| Deferred revenue                       | 155,102           | 1,182,111         |
|                                        | <b>806,135</b>    | <b>1,823,242</b>  |
| <b>Fund Balances</b>                   |                   |                   |
| Invested in capital assets             | 202,493           | 203,926           |
| Restricted                             | 17,870,780        | 25,500,953        |
| Unrestricted                           | 10,367,712        | 7,163,213         |
|                                        | <b>28,440,985</b> | <b>32,868,092</b> |
|                                        | <b>29,247,120</b> | <b>34,691,334</b> |

### STATEMENT OF REVENUE AND EXPENSES AND CHANGES IN FUND BALANCES

|                                                                                                                | 2024               | 2023               |
|----------------------------------------------------------------------------------------------------------------|--------------------|--------------------|
| <b>Revenue</b>                                                                                                 |                    |                    |
| Donations and events                                                                                           | 13,065,593         | 9,415,109          |
| Bequests                                                                                                       | 1,840,129          | 895,946            |
| Investment income                                                                                              | 1,785,329          | 1,018,744          |
|                                                                                                                | <b>16,691,051</b>  | <b>11,329,799</b>  |
| <b>Fundraising and administrative expenses</b>                                                                 | 5,131,274          | 4,154,428          |
| <b>Excess of revenue over fundraising and administrative expenses before grants to Michael Garron Hospital</b> | <b>11,559,777</b>  | <b>7,175,371</b>   |
| Unrealized gains and (losses)                                                                                  | 61,227             | (20,407)           |
| Grants to Michael Garron Hospital                                                                              | (16,048,111)       | (13,018,215)       |
| <b>Deficiency of revenue over expenses</b>                                                                     | <b>(4,427,107)</b> | <b>(5,863,251)</b> |
| Fund balances, beginning of year                                                                               | 32,868,092         | 38,731,343         |
| <b>Fund balances, end of year</b>                                                                              | <b>28,440,985</b>  | <b>32,868,092</b>  |

As of March 31, 2024 the foundation is holding \$8,953,652 in funds for our redevelopment to be transferred to the hospital as required.

# Michael Garron Hospital: By the numbers

All figures and comparisons are based on the fiscal year ended March 31, 2024.

## SERVING EVERYONE WHO NEEDS US



**22,369**

inpatient stays  
(8.2% increase  
over prior year)



**183,473**

face-to-face  
outpatient visits  
(10.2% increase)



**27,664**

virtual visits  
(30% decrease)



**100,410**

Stavro Emergency  
Department visits  
(10.8% increase)



**25,844**

surgeries completed  
(3.8% increase)



**2,668**

babies delivered  
(2.3% increase)



**506**

patient beds  
(3.7% increase)

## A DEDICATED TEAM MAKES IT HAPPEN



**632**

physicians



**3,187**

staff members



**24**

midwives

## TOGETHER WITH OUR LEARNERS

**262**

medical  
students

**512**

resident  
physicians

**25**

clinical  
fellowship  
physicians

**9**

midwifery  
students

**6**

physician  
assistant  
students

**333**

nursing  
students

**370**

more, studying  
other health  
professions

**AND 525 VOLUNTEERS**

# Looking ahead

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As East Toronto's population continues to grow, so will demands on our hospital. This is already evident in our Stavro Emergency Department (ED), which saw a record number of patients this year.

We're creating space for everyone who needs us. For instance, during respiratory illness season a modular unit was set up near our ED to address overflow. To ensure the best care for patients and to support our teams' skills and expertise, we must continue to invest in our spaces, equipment and technology, as well as our people.

What's more, as healthcare budgets remain tight, it's vital that we lean into our inclusive can-do approach. With a strong commitment to continuous improvement, our team constantly finds new ways to enhance care and build greater efficiency. As part of this, we

design practical solutions with the help of the patients and families we serve. Our work has been adopted internationally, confirming its value on a global scale.

These discoveries are what people need more of right now. By formalizing frontline learnings, we can take them further, and faster, to activate changes that strengthen our immediate community and the healthcare system at large.

As we test our limits, build further capacity and find new ways for people to access the care they need, we are gearing up to realize an even greater version of our hospital. You've emboldened us to take this leap with a healthy dose of optimism.

Thank you for believing in the heart of the east. ♥



**At the Family Birthing Centre: Juliana Hayford, RPN; Melissa Nadeau, RPN; Pasha Zukanovic, RN; Dr. Roberta Mackenzie, Obstetrician Gynecologist; Dr. Rajani Vairavanathan, Emergency and Family Physician.**

# Your support is everything to us

Michael Garron Hospital is here for life's most crucial moments, from welcoming a birth to offering dignity and respect at the end of life. Guided by our vision – great care inspired by community – we serve 400,000 people throughout East Toronto and its surrounding areas.

Donors like you enable us to be at our best for our patients and their families. Every gift truly matters. And the impact of your philanthropy is seen and felt throughout the heart of the east.

Thank you for your investment in our hospital.



Here's a look at how donors like you touch our hearts every day. Scan the QR code or visit [mghf.ca/watch](https://mghf.ca/watch)



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